

ST. CYRIL'S COLLEGE
ADOOR
ESTD. 1981



ST. CYRIL'S COLLEGE, ADOOR

Criteria 7

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INSTITUTION CELEBRATES NATIONAL
OR INTERNATIONAL COMMEMORATIVE

DAYS

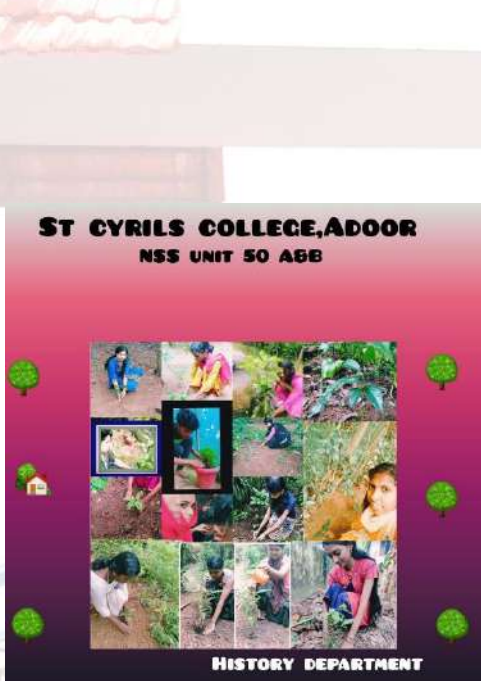
June 5, 2021 World Environment Day

NSS Unit 50 A&B of St Cyril's College, Adoor celebrated World Environment Day following Covid protocols. Taking into consideration the significance of the day, the urge to preserve the environment, it was decided to plant trees in one's own premises. To spread the idea of a greener earth, the NSS Volunteers also took pains to distribute plants to their neighbours without violating the restrictions imposed by the Government of Kerala. This was diligently and responsibly done by the volunteers who also vowed to take care of the trees thus planted. It is taken up as a challenge with volunteers keen on taking pictures of the trees planted to indicate their growth after one year. Anjaly Mariyam Ashok, NSS volunteer of the Department of English created an awareness video about the significance of June 5th boosting it up with a poem by Sugathakumari teacher which was uploaded on YouTube and can be seen using the link below.

<https://www.youtube.com/watch?v=AILfNMx3bHs>

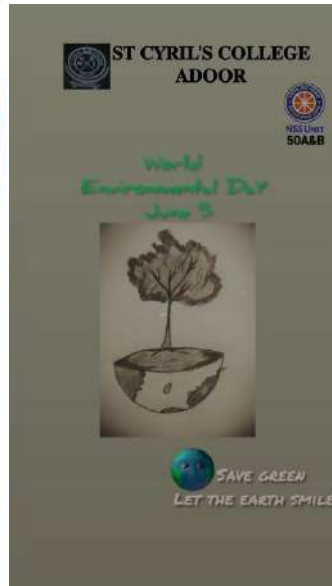
Volunteers also used their creativity to make posters which were posted as status and uploaded as display pics. The posters and pictures of planting trees are given below:







June 05 World Environment Day
"Ecosystem Restoration"

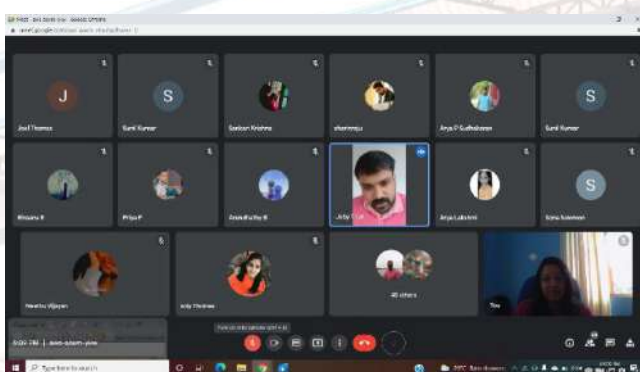


June 14, 2021 World Blood Donor Day

June 14, is commonly celebrated as World Blood Donor Day. In tune with the theme of 2021 "Give Blood and Keep the World Beating" as laid down by the WHO, the NSS volunteers of St Cyril's College, decided to celebrate the day uniquely. The volunteers made posters and awareness videos about the necessity of donating blood. They also made sketches related to the day based on their imagination. These posters were circulated in other groups and among the common people to let them know that every single drop of blood counts. The volunteers were active throughout the morning session creating posters and awareness among their folks. A major highlight was the creation of a database of Cyrilians who were interested in donating blood. A google form was created and circulated among students of the college ho

registered their names in the form expressing willingness to donate blood. This database can be used in case of emergency to provide donors without any delay.

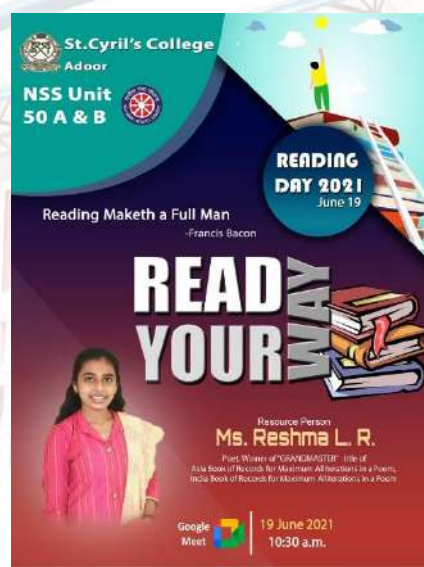
A webinar was hosted in the afternoon on “Donate Blood, Save Life” where the chief resource talk was made by Shri Sunil Kumar G, Technical Expert, TSU, AIDS Control Society. The meeting was made fruitful by the presence of Shri Joby T Lal, Officer, Malayala Manorama, Kottayam who has experience as Project Manager of KSACS. He spoke about the need of donating blood and also gave an elaborate introduction of the endeavours of the resource person. A visionary in this field, Shri Sunil Kumar has 10 years of experience as Assistant Director in NACO, Delhi. He spoke at length about the various aspects of blood donation, the need to donate, who can donate, the healthy ways by which a donor can prepare and the like. The session was very interactive, where he provided detailed answers to the queries raised by the volunteers. The end result was an excited group of volunteers who were willing to donate their blood and also host a blood donation camp in the college.

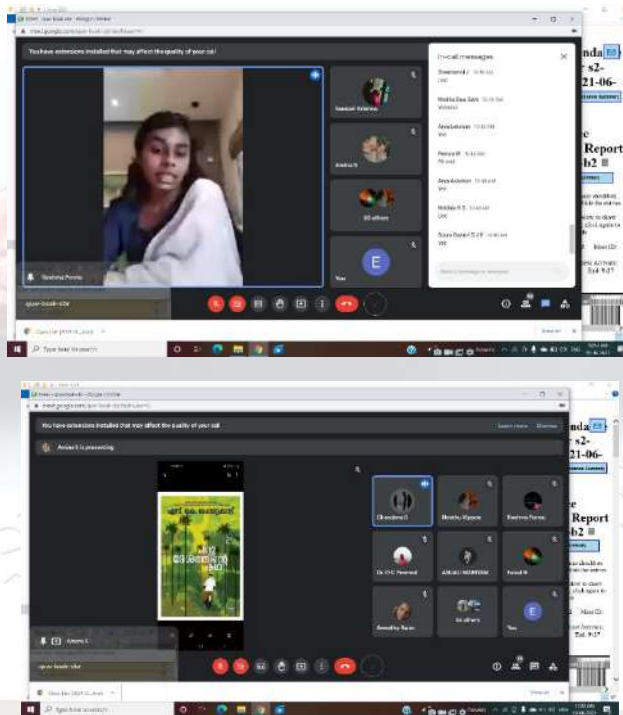


June 19, 2021 Read Your Way (Reading Day)

The NSS Unit 50 A&B of St Cyril's College is keen on nurturing the skills of the volunteers and students. All important days are thus celebrated without fail. Reading Day on June 19 was one such memorable day utilized for initiating the volunteers to the world of reading. It was essential to nurture the reading habits of students and hence a webinar was conducted titled "Read Your Way". Reshma L R, Poet and winner of "Grandmaster" title of Asia Book of Records for maximum alliteration in a poem and winner of India Book of Records for maximum alliterations in a poem was the chief resource person. She is a student of the college and former NSS volunteer which added to the festivity of the day. It was a delight to listen to her extensive talk on reading, how she developed the habit and how she still is an ardent lover of books. It was a very interactive session with the volunteers raising questions about reading to which Reshma gave jovial and insightful answers. Volunteer Anjali Mariam Ashok recited the poem Aswamedham. Volunteers Amina and Chandana introduces the must read books to the audience. Volunteer Vimal Jose presented a story that he wrote. It was a very enriching experience for all who were present.

Other than the Webinar, the volunteers also conducted a short story writing competition for the NSS volunteers. Prethaysahyude nurunguvettam was the topic. Five volunteers participated. Sankari Krishna of English won the first prize. Second prize was bagged by Faisal of Economics and third prize by Vimal Jose of History. These stories will be uplaude in the NSS youtube channel as narrated by the writers.





26 June 2021 International Day Against Drug Abuse

Drugs or artificial neurotransmitters have the ability to destroy the normal functioning of the brain disrupting the communication of the brain with the body. Sending and receiving abnormal messages deter the activities of the person resulting in misconduct and anti-social activities. Money oriented drug dealers and peddlers sell these drugs for heavy prices to school going and college students spoiling their future and familial ties. This social evil needs to be bridled to save the society from falling apart. 26 June is observed as International Day against Drug Abuse and is used for creating awareness among people to refrain from using them. The NSS Unit of St Cyril's College Adoor is committed to its mission of helping the society to overcome such social evils.

In order to create awareness among the people about the necessity of abstaining from drug abuse, placards and badges with the tagline "Say No to Drugs" were circulated among the people. For this the help of autorickshaw drivers were sought. They wore the badges made by the NSS volunteers and travelled around which were noticed by all the people. The children of the adopted village Ward 6 of Kilivayal Colony were also educated on the matter and placards were distributed. This was how an awareness was created among the masses by the volunteers which were truly appreciated by the public.



Gender Awareness

July 15 & 22, 2021

A Gender awareness class was conducted by Women and Child Development department on July 15, 2021 which was inaugurated by Dr Divya S Ayer IAS, the present Collector of Pathanamthitta. The inaugural session was attended by

NSS volunteers and other students. Advocate Ajitha K was the chief resource person. She spoke about the necessity of maintaining gender equality and provided ample examples to substantiate the same.

The second session for the volunteers were conducted on 22 July 2021 where the classes were lead by Mr Shan Gopan, Executive Director, Disha and Mr Dileep Kumar MB, Advocate. The classes were informative as they exhorted on the legal sides of being abused on the basis of gender. Both the sessions were quite informative to the volunteers.



Independence Day Celebrations 15 August 2021

Azadi ka Amrith Maholsav

The 72nd Independence Day of the country was celebrated enthusiastically by the Cyrilian NSS Unit 50 A& B. The volunteers prepared well for the programme. A goolge meet was scheduled on 15 August 2021, Sunday. The celebration was inaugurated by Lt Shaju K John, Assistant Professor and NCC Officer, St Thomas College, Kozhencherry . He addressed the volunteers giving them a talk on the necessity of freedom, touching upon the important events of Indian History. He reminded the audience of the their responsibilities as citizens and concluded by wishing all a happy Independence Day. The inauguration was followed by a pledge taking lead by Mridula K S. Anjali Mariyam expressed her patriotic spirit through a wonderful song. Mridula Vijayan rendered the Independence Day Speech. The history of independence was traced by Leena K Johnson. Neethu and Aswathy paid a beautiful tribute to the leaders of Independence.

As part of the Amritholsavam in relation to the 72nd Independence Day, NSS Unit 50 A&B conducted a poem writing competition for school students upto 10th std. The topic was The National Flag. It was conducted in Malayalam and cash prizes of Rs 500 and 200 were announced respectively for the first and second prize winners. The first prize was bagged by Nyshana KN of St Mary's MMGHS, Adoor and second prize by Kavya R of GLPS Kidangayam North.

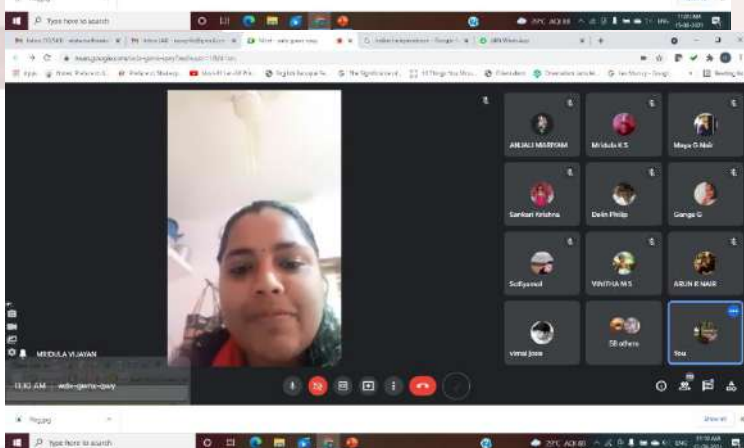
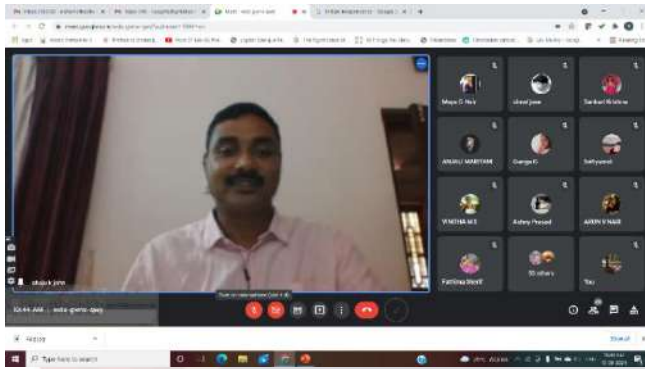
A quiz competition of Indian Independence was conducted for the students of the adopted village and the first prize of Rs 300 was won by Aprna of std VII, second prize of Rs 200 by Karthika of Std VIII and 3rd prize of Rs 100 by Roshan of Std X.

The prizes were announced by the Programme Officer Dr Nisha Mathew and these were given to them through google pay.

Vote of thanks was proposed by Subha Kamal and the programme ended with the National Anthem lead by Sankari Krishna. The whole programme became colourful under the exquisite anchoring of Vimal Jose. A speech was recorded for NSS youtube channel by Amina S.



75 TH INDEPENDENCE DAY PROGRAMMES 2021	
PRAYER	: SHANKARI
WELCOME	: MAYA G NAIR
INAUGURATION	: LT SHAJU K JOHN NCC OFFICER, ASSISTANT PROFESSOR, DEPARTMENT OF ECONOMICS ST THOMAS COLLEGE KOZHENCHERRY
PLEDGE	: MRIDULA K S
PATRIOTIC SONG	: ANJALI MARIYAM
INDEPENDENCE DAY SPEECH	: MRIDULA VIJAYAN
HISTORY OF INDEPENDENCE DAY	: LEENA
INDEPENDENCE DAY TRIBUTE	: NEETHU & ASWATHY
INDEPENDENCE DAY POEM WRITING RESULT	: Dr Nisha Mathew NSS Programme Officer
VOTE OF THANKS	: SUBHA KAMAL
NATIONAL ANTHEM	: SHANKARI

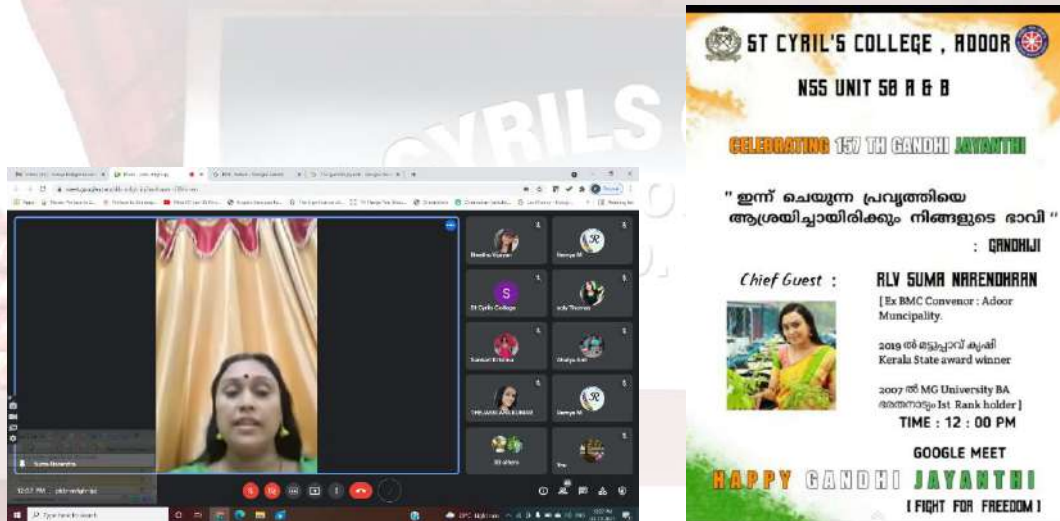


157th Gandhi Jayanti

October 2, 2021

The occasion of the 157th birth anniversary of the father of the nation Mahatma Gandhi was celebrated in accordance with his teachings and principals. Since covid protocol had to be followed, an online meeting was conducted on 3rd October Sunday at 12 p.m. Sankari Krishna sang the NSS song as a prayer. RLV Suma Narendran ex BMC Convenor, Adoor who won the Kerala State Award for Terrace Farming in 2019 and First Rank holder in Bharatanatyam from MG University was the chief guest. Prof Anitha Thomas made the introductory

remarks. Ms Suma Narendran spoke about the necessity of terrace farming and following various strategies to keep our surroundings tidy. There were also discussions on the ways by which plastic waste could be collected and recycled. She clarified the doubts raised by the volunteers on tie ups with panchayaths for the same. Dr Nisha Mathew proposed the vote of thanks.



November 14, 2021 Children’s Day

Children are the gift of God and it is the responsibility of the society to nurture them with strength, courage, determination, love and all the virtues necessary for a social life. 14 November, the birthday of Jawaharlal Nehru is celebrated as Children’s Day as he was very fond of children. The NSS Unit 50 A&B of St Cyril’s College Adoor too decided to celebrate the day colourfully with the children of GHSS Vadakkadathucavu and the Autism centre opposite to it. On thinking divergently about the way to celebrate, the volunteers unanimously decided to make story books to be distributed to the children in the school. Famous stories by popular writers were chosen and manuscripts were made using chart paper. Most of them were illustrated. More than 65 books were handed over to the Principal Smt Rajana in the presence of other teachers and little ones. Nehru caps made by the volunteers were also distributed to the kids. The kids interacted well with the volunteers and officers and those who sang and answered the questions asked were rewarded with handmade flowers. It was a delight to watch the enthusiastic performances of the children. After spending time with the children, the volunteers and officers went to the Autism Centre functioning opposite to the school to hand over gifts containing colour pencils, pencils, eraser, sharpener and

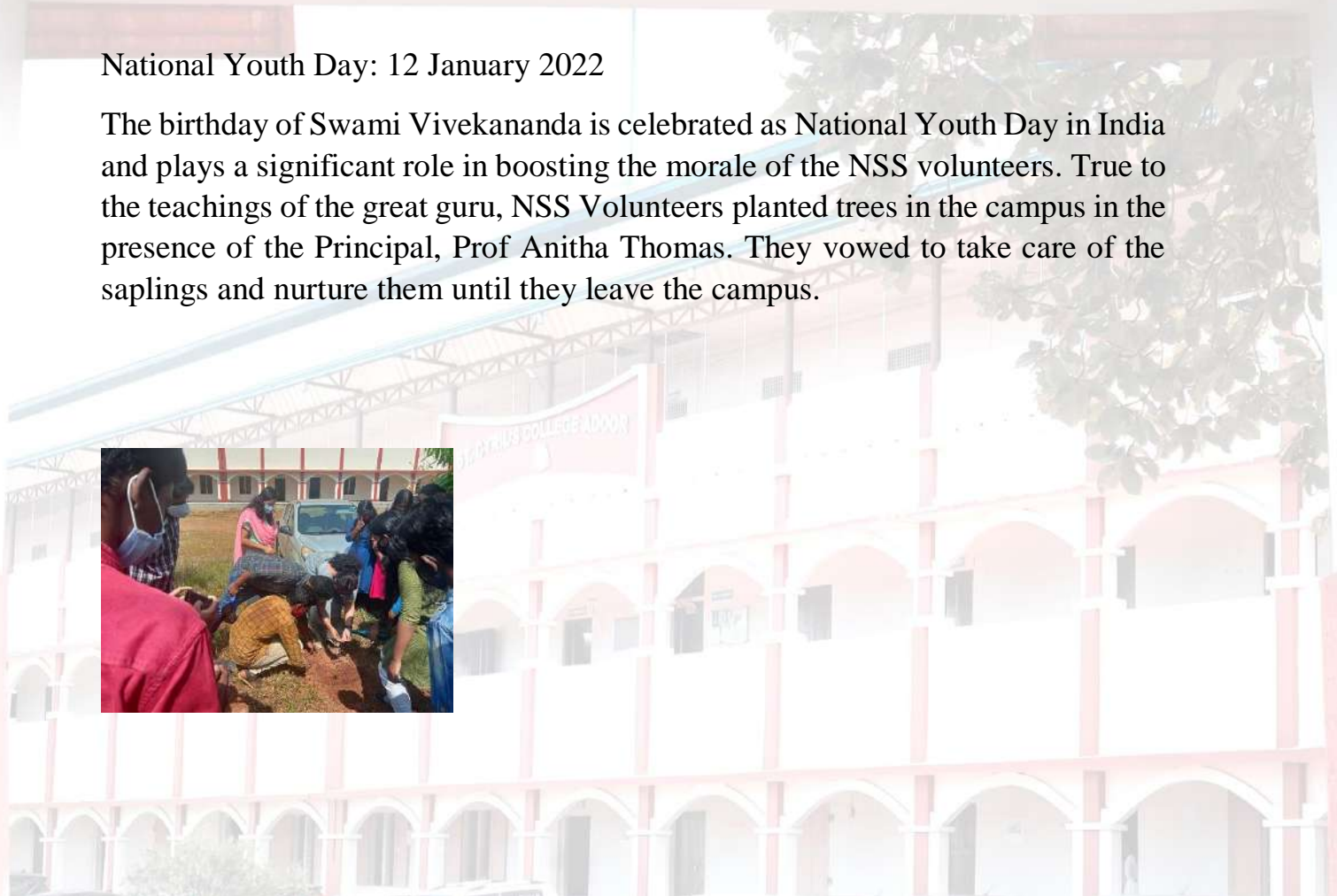
colouring books. The kids were taken for speech therapy and hence the gifts were given to the teacher in charge Rekha. It was a day well spent with the children and for the children.





National Youth Day: 12 January 2022

The birthday of Swami Vivekananda is celebrated as National Youth Day in India and plays a significant role in boosting the morale of the NSS volunteers. True to the teachings of the great guru, NSS Volunteers planted trees in the campus in the presence of the Principal, Prof Anitha Thomas. They vowed to take care of the saplings and nurture them until they leave the campus.





04 Feb 2022 World Cancer Day

The volunteers made posters to create awareness on cancer and took photos with them. This was circulated among teachers and students



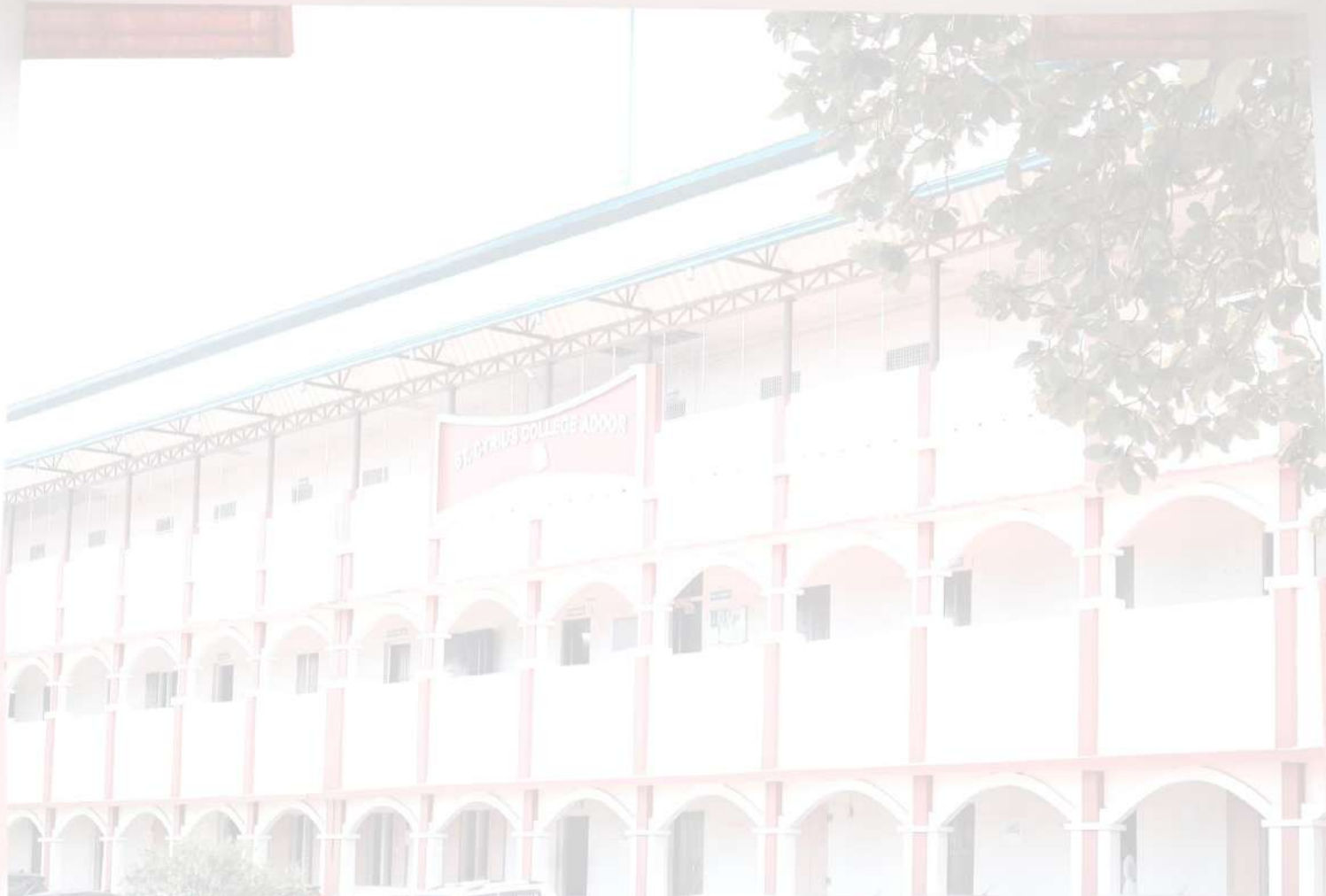
08/03/2022 Women's Day

International Women's Day was celebrated on March 8th 2022 by giving battery operated fan and emergency light to a woman of Ward 6 who did not have electricity connection.



19/03/2022 Charity Day

The volunteers had gathered an amount of Rs 10,000 through charity and were distributed among 5 families who were in dire need. Some of them wanted to maintain confidentiality.



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