

ST. CYRIL'S COLLEGE
ADOOR
ESTD. 1981



ST. CYRIL'S COLLEGE, ADOOR

Criterion 3

3.4.1

Extension activities



DEPARTMENT OF CHEMISTRY

St. Cyril's College, Adoor

Cyril's Mount, Vadakkadathukavu P.O. 691529, Adoor, Kerala


Ph: 04734 210043, cyrilsadoor@gmail.com

Extension Activity Report on Water Analysis 2021-22

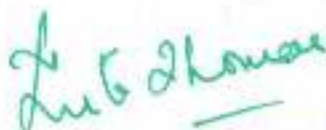
The Department of Chemistry of St. Cyril's College conducted an extension activity to analyze the quality of drinking water.



The final year students were divided into various teams and collected drinking water from nearby places of the college. The analysis was carried out by the students under the supervision of department faculty. The parameters like (alkalinity, turbidity, pH, TDS, DO, salinity) were checked in our laboratory using Water Analyzer 371 (Systronics). The reports were distributed through proper channel to the persons concerned.


Dr. Ramey Wilson





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Catch Them Young 2021-2022

Extension Programme

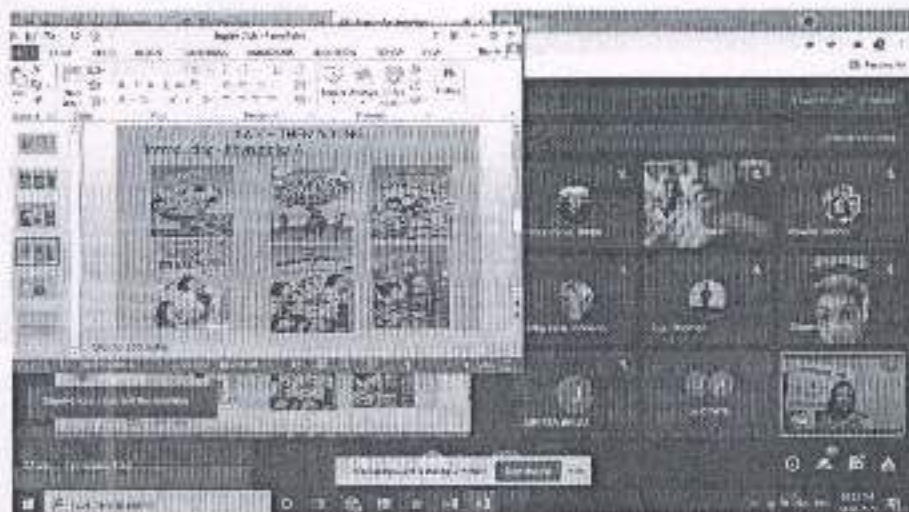
PG Department of English, St Cyril's College, Adoor

At St John's VHSS Ummannoor

On Google Meet 14 August 2021

With colleges and academic scenario coming to terms with Covid 19, the pandemic which brought life to a standstill through lockdowns of various kinds, technology aided teaching / learning has resuscitated academic procedures. The department could revive its extension programme of instilling in the kids a taste for reading through its programme Catch them Young. This year's first activity was carried out at St John's VHSS Ummannoor for the students of lower primary and upper primary classes. Dr Susan Alexander, Asst Professor and HoD took classes for the students and opened a world of books including fairy tales to the young readers. The meet was attended by 100 students. Though internet connection kept students coming and going, it was a new venture for the department to connect to school students through online mode.





Late Thomas

PRINCIPAL
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ADOOR

Department of Physics
St. Cyrils College, Adoor
Report on Extension Activity
2021-22

A science awareness class for college students of M M N S S college, Kottiyam was delivered by Jithin Raj M S ,Second year MSc Physics student on 28th February 2022. The programme was sponsored by Academy of Physics Teachers, Kerala in association with National Science Day 2022.

The teachers of the department Dr.Anoop Chandran and Dr.Alen S gave training to the students for PSC examination organised by the Department of History. The general physics topics were covered during the session.



Lute Thomas

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NATIONAL SCIENCE DAY 2022



MMNSS COLLEGE
KOTTIYAM

PG DEPARTMENT OF PHYSICS
IN ASSOCIATION WITH SCIENCE CLUB & IQAC

Presents

Invited TALK

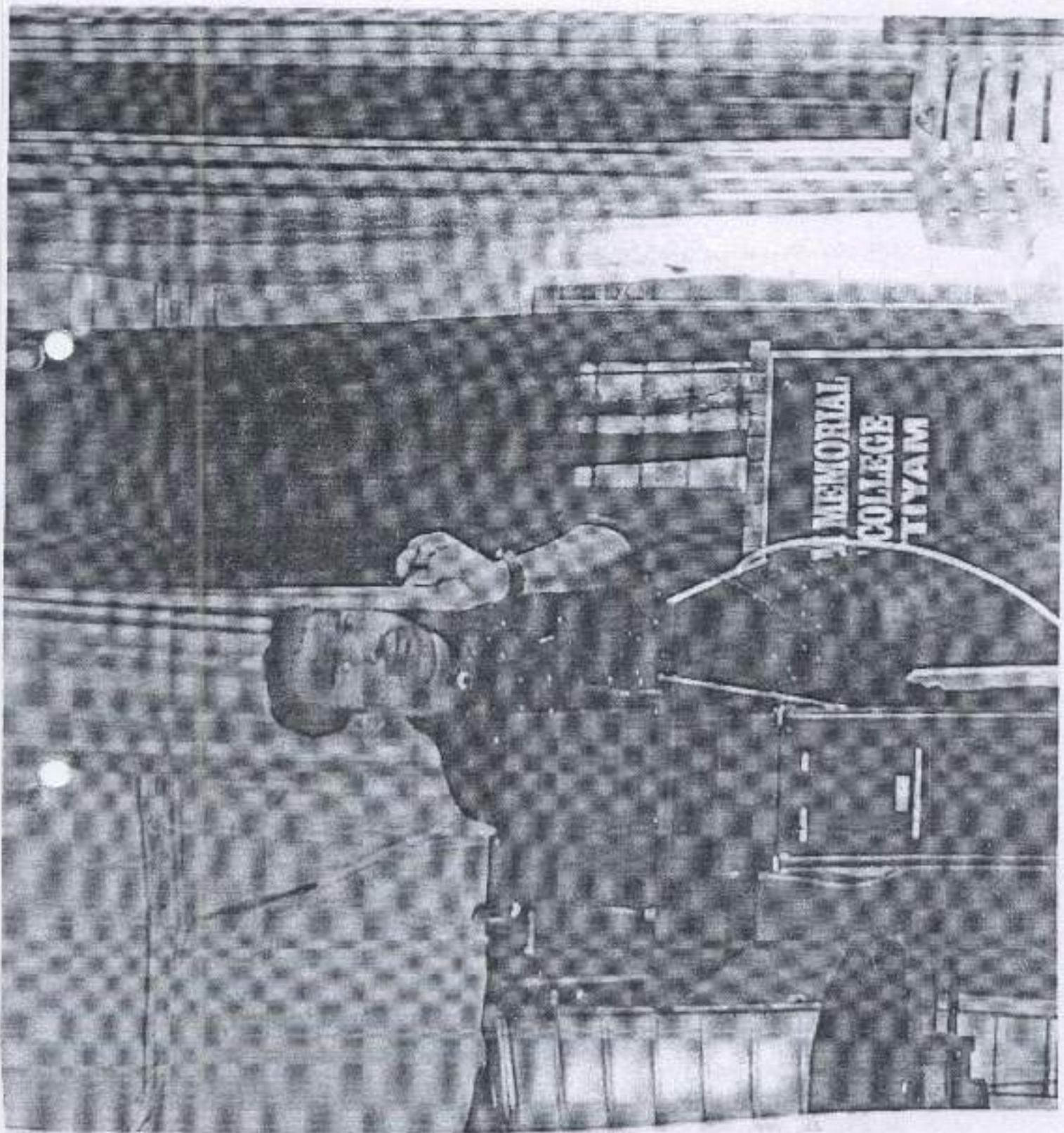
By



Mr. Jithin Raj R S
Science talker
JR Studio Youtube Chanel

'ശാസ്ത്രീയ ഭാവനയിലേക്കുള്ള
വഴി: ശാസ്ത്രവും സിനിമകളും
തമ്മിൽ...'

DATE : 28/02/2022
TIME : 10.00 AM
VENUE : SEMINAR HALL



ST. CYRILS COLLEGE
DIN - 601 638

Photo shows



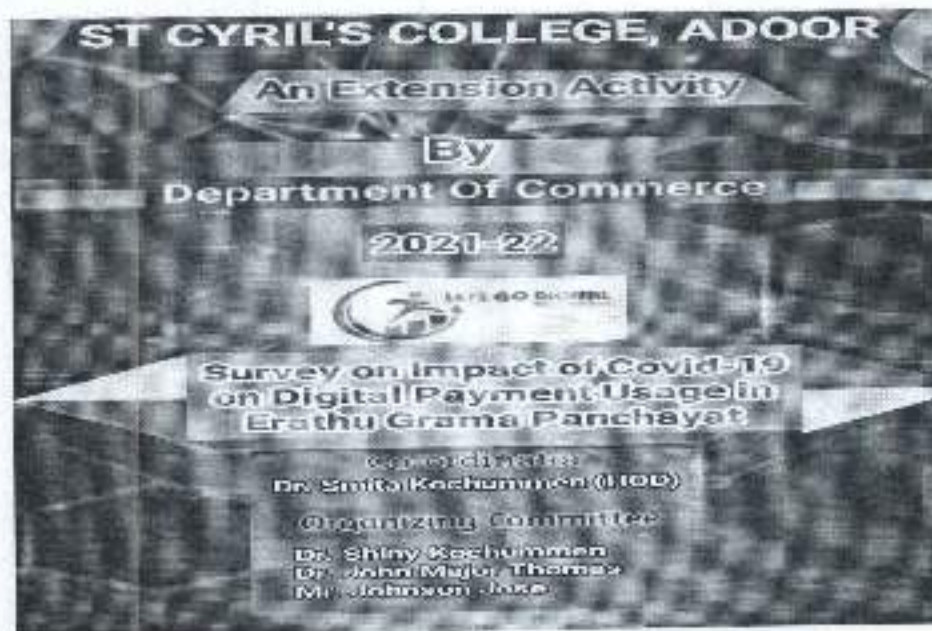
St. Cyril's College, Adoor
Cyril's Mount, Vadakkadathukavu P.O.
691529, Adoor, Kerala
Ph: 04734 210043

Department Of Commerce

Report on Extension Activity "Let's go Digital" 2021-2022

| | |
|-------------------------|--|
| DATE OF EVENT | March 2022 |
| TITLE OF THE EVENT | "Let's go Digital"- Survey On Impact Of Covid19 On Digital Payment System: With Special Reference To Ward VI Erathu Gramapanchayath. |
| NAME OF RESOURCE PERSON | Students of s3 B.Com |
| NO.OF PARTICIPANTS | 30 |
| VENUE | Ward VI ,Erathu Grama Panchayath |

The extension activity "Let's Go Digital" 2021_22 was conducted in Erathu Grama Panchayath in March,2022. This study highlights the impact of Covid-19 on digital payment system. There are many digital payment modes available in India, but most of the customers prefer only few digital payment modes because they were not having enough information of all the available digital payment systems. Hence the bank should give proper awareness programs, so that customers will get the latest information and they can make use of all the available facilities.



John Thomas
PRINCIPAL



DEPARTMENT OF ECONOMICS

St. Cyril's College, Adoor

Cyril's Mount, Vackkadathukavu P.O. 691526, Adoor, Kerala

cyrilianeconomics@gmail.com

24/03/2022

Report of Extension Activity 2021-22

With the cooperation of Students and management , Department of Economics has conducted an extension activity on Energy conservation practice. We went to the village area of Kilivayal and visited some houses for the purpose. We made a campaign on energy conservation explaining the use of LED bulbs instead of filament bulbs.

Impact of LED lights on economy and environment

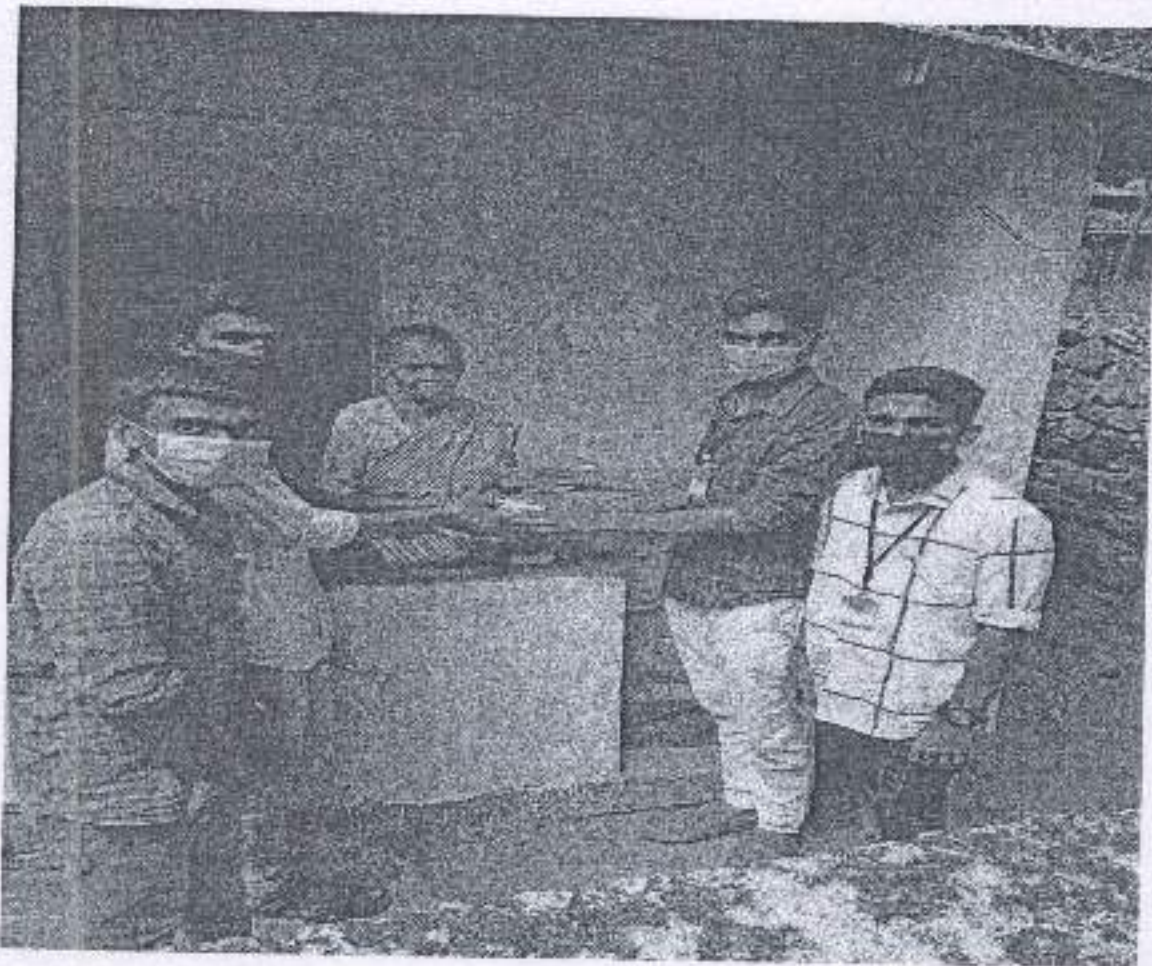
Usable electrical energy is a scarce resource worldwide, and as such, the first step towards energy security must be towards encouraging industry and consumers to use energy more efficiently. The use of energy efficient lighting in form of LED lights ensures growth, by making the industries more profitable and competitive.

A light source that requires less energy for the same glow is naturally better for the environment. It's estimated that the global adoption of LED light bulbs could reduce CO2 emissions by 500 million metric tonnes a year. In India alone, there is massive adoption of LED bulbs across all sectors, be it industrial lighting, street lighting, home lighting, etc. It is estimated that the country will reduce its CO2 emissions by 80 million tonnes on a year on year basis by adoption of LED bulbs alone.

The primary reason behind the rise of the LED bulb is the clear-cut money saving opportunity it provides on a recurring basis. It also promises a cleaner and greener environment. Renewable energy and power efficiency management are rightfully seen as important factors for environment conservation. LED is quietly making a phenomenal impact on so many aspects of our lives – from domestic electricity bills, to national economies, and to the very air that we breathe.

We distributed LED bulbs to 16 households on 24/03/2022. People of nearby community welcomed us. These bulbs are energy saving and creates economic advantage. The households welcomed us warmly and supported our activity. Students also got aware of the social and economic conditions of our nearby community. We will continue the programme in the coming years.

[Signature]
HOD



[Handwritten Signature]

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Extension Activity 2021-2022

PG Department of English

Date 18/05/2022

As part of the Extension Activity Catch Them Young, the department organized Spoken English classes for teachers of St George English Medium School. The aim was to help teachers converse in English to tiny tots and elicit replies from them.

It was noted that though the school was an English medium one, the teachers were reluctant to talk in English. This would also hamper the speaking skills of the little ones. Moreover correct pronunciation also had to be taught to the little kids who would register whatever their teachers said and used. With this intention, the department accepted the invitation from the management of the school to provide training for its nursery teachers as and when possible.

The first session was inaugurated by Rev Fr John T Varghese Vicar of St George Orthodox Church who reminded the teachers that they had to attain fluency in English to keep up with the times

The first session was taken by Dr Susan Alexander who gave an introduction to the nuances of English language and started the session with but... so... and game where every teacher had to build up sentences one after the other using these linkers. Many of them talked about that day's routine.

A session on self introduction followed with every one trying to speak about themselves.

The session began at 10.00 and ended at 1.00p.m

English- A stress timed language

Speaking= A tip of the iceberg

Utterance

Exchange

Phatic Speak/ Small talk

Transactional Exchange/ Interactional Exchange

But.... So And game



Ant. Thomas

PRINCIPAL
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Self Introduction

Struggle for survival/ Lost in an island game



Extension Activity 2021-2022

PG Department of English

Date 25/05/2022

The second session of Catch them Young 2021-2022 was held at St George English Medium School Puthoor on 25/05/2022. With the aim of enabling nursery teachers attain fluency while conversing with kindergarten students, Dr Nisha Mathew guided the teachers on sentences that found great use in the usual everyday classroom atmosphere. Teachers were given opportunity to use it and also frame possible answers. They were made to follow the IRF method- Initiate- Respond- followup and simulate actual classroom conversation.

The session was from 10.00-1.00 p.m.



Nisha Mathew

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Basic Sentences for Classroom Interactions

- How are you? Vs How do you do?
- Please stand up for the prayer. Close your eyes and repeat the prayer.
- Now, you may take your seat/ You may sit now.
- What did you have for breakfast?
- John, Can you get a piece of chalk from the staffroom?
- Pinky, Can you collect the assignments?
- Open your book ____ page 5 (on, in, at)
- Look ____ page 8 (in, at, on)
- Did you get wet in the rain?
- Do not spill your food while eating.
- Do not bite your nails.



Ant Thomas
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Report of the Workshop Conducted by the IQAC of St Cyril's College, Adoor in association with Mahatma Gandhi National Council of Rural Education (MGNCRE), Department of Higher Education, Ministry of Education, Government of India

Mahatma Gandhi National Council of Rural Education (MGNCRE) under the insistence of the Department of Higher Education, Ministry of Education, Government of India conducts Institutional Workshops on Experiential Learning/rural Engagement/Rural Entrepreneurship/Sustainability in Campus. This has been initiated in association with the Cells of various colleges. The IQAC of St Cyril's College, Adoor expressed its willingness to collaborate with MGNCRE to conduct workshops in colleges of Pathanamthitta with the intention of implementing Experiential Learning activities, deal with rural communities, understand rural concerns, encourage rural and social entrepreneurship, mentor and foster social responsibility and implement sustainability aspects in campus such as Water Management, Energy Conservation, Waste Management and Greenery Management in the campus.

Dr Mini Samuel, IQAC Coordinator of the college was chosen as the District Sustainability Mentor. Ms Sowmya Mary Thomas, Ms Mariam John, Ms Elizabeth George and Ms Lini K Mathew supported the District Sustainability Mentor successfully completing the following tasks:

1. To mentor selected institutions in the District for promoting sustainability in HEIs/Degree or PG college and villages
2. To monitor and facilitate the work of HEIs/Degree or PG College in the District
3. To submit reports on each of the HEIs/Degree or PG College on their Environmental Performance and Sustainability success story
4. To submit photographs and newspaper clippings, if any, on the activities conducted by the institutions

An amount of Rs 25000/- was allocated for the conduct of the workshop in the chosen colleges. As per the instructions and guidelines of MGNCRE, the District Sustainability Team visited 5 colleges chosen from the District of Pathanamthitta

| Sl No | Name of the Institution | Date and Time | No of Students Benefitted |
|-------|-----------------------------------|-------------------------------------|---------------------------|
| 1 | Mar Chrysostom College, Paranthal | 02/03/2022 1:30 p.m. – 2:30 p.m. | 21 |
| 2 | Mater Dei CMI College | 03/03/2022 10 a.m. – 11a.m. | 21 |

| | | | |
|---|---|-----------------------------------|----|
| 3 | VNS College of Arts and Science Konni | 03/03/2022 2:00 p.m. to 3 p.m. | 49 |
| 4 | St Mary's College for Women, Thiruvalla | 1:30 p.m, to 2:30 p.m. | 41 |
| 5 | St Thomas College, Thavalappara | 11/03/2022 10 a.m. to 11 a.m. | 25 |



The District Sustainability Team visited these colleges creating an awareness about the need for maintaining sanity and hygiene in the college campus. Dr Mini Samuel gave an elaborate talk on waste management methods, strategies for green audit, water conservation and waste water management. She promoted the idea of creating a beautiful garden in the campus and also expatiated on the necessity of keeping a vegetable garden. The team took a tour on the campus making note of the best sustainable practices. St Thomas College Thavalappara and St Mary's College for Women, Thiruvalla have remarkable sustainable practices like Rain water harvesting, vanmahotsav, waste segregation, solar panels, greenery in the campus, incinerators and the like. Mar Chrysostom, Mater Dei and VNS college have also noteworthy sustainable practices. The workshop was successfully conducted and photos of the same were taken. Reports of the visit were prepared and submitted to MGNCRE.


Dr Mini Samuel

District Sustainability Mentor




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ST. CYRIL'S COLLEGE, ADOOR

Criterion 3

3.4.3

Extension activities by NSS/NCC

St Cyril's College, Adoor
NSS Unit 50 A&B

June 5, 2021 World Environment Day

NSS Unit 50 A&B of St Cyril's College, Adoor celebrated World Environment Day following Covid protocols. Taking into consideration the significance of the day, the urge to preserve the environment, it was decided to plant trees in one's own premises. To spread the idea of a greener earth, the NSS Volunteers also took pains to distribute plants to their neighbours without violating the restrictions imposed by the Government of Kerala. This was diligently and responsibly done by the volunteers who also vowed to take care of the trees thus planted. It is taken up as a challenge with volunteers keen on taking pictures of the trees planted to indicate their growth after one year. Anjaly Mariyam Ashok, NSS volunteer of the Department of English created an awareness video about the significance of June 5th boosting it up with a poem by Sugathakumari teacher which was uploaded on YouTube and can be seen using the link below.

<https://www.youtube.com/watch?v=AILfNMx3bHs>

Volunteers also used their creativity to make posters which were posted as status and uploaded as display pics. The posters and pictures of planting trees are given below:



L. S. 2 hours

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NATIONAL SCIENCE SOCIETY
 ST CYRILS COLLEGE
 ADOOR
 NSS UNIT 50 ADD
 COMMERCE DEPARTMENT

"Our planet's alarm is going off, and it is time to wake up and take action!"

Leonardo DiCaprio

KEEP IT GREEN
 SAVE THE PLANET

ST CYRILS COLLEGE, ADOOR
 NSS UNIT 50 ADD

English

ST CYRILS COLLEGE NSS UNIT, ADOOR

HISTORY DEPARTMENT

Year 05
 World Environment Day
 "Ecosystem Restoration"



Economics department



12 June 2021, Anaemia Prevention Campaign

An Anaemia Prevention Campaign was conducted for the NSS volunteers of the college in association with Women and Child Department and ICDS on 12 June 2021, Saturday. Smt Saraswathy K R, Dietician, General Hospital Pathanamthitta lead the class providing an overview of the dietary habits to be developed by youngsters.

L. S. Thomas

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June 14, 2021 World Blood Donor Day

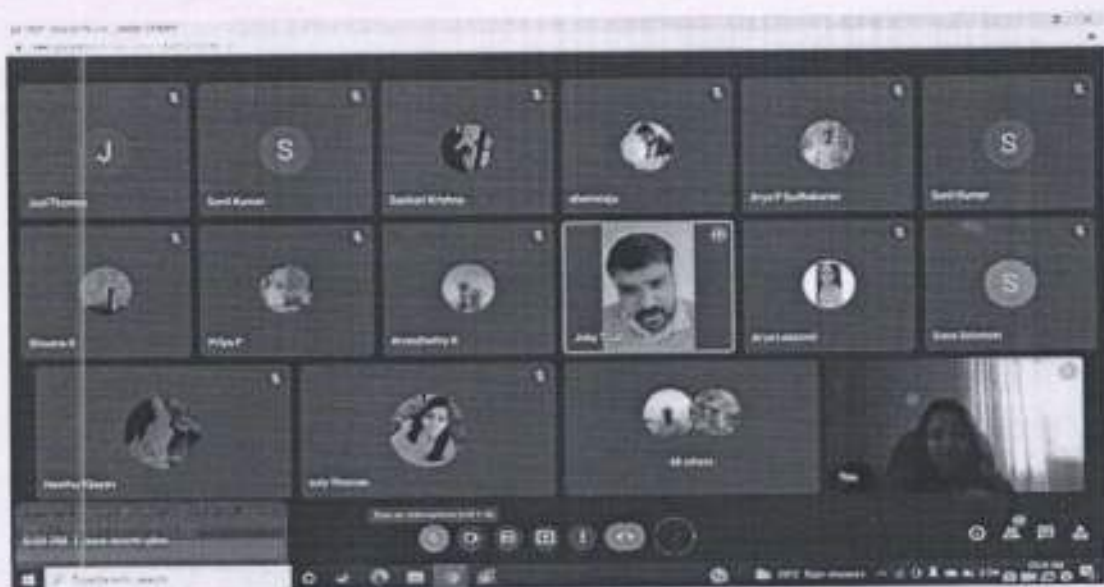
June 14, is commonly celebrated as World Blood Donor Day. In tune with the theme of 2021 "Give Blood and Keep the World Beating" as laid down by the WHO, the NSS volunteers of St Cyril's College, decided to celebrate the day uniquely. The volunteers made posters and awareness videos about the necessity of donating blood. They also made sketches related to the day based on their imagination. These posters were circulated in other groups and among the common people to let them know that every single drop of blood counts. The volunteers were active throughout the morning session creating posters and awareness among their folks. A major highlight was the creation of a database of Cyrilians who were interested in donating blood. A google form was created and circulated among students of the college who registered their names in the form expressing willingness to donate blood. This database can be used in case of emergency to provide donors without any delay.

A webinar was hosted in the afternoon on "Donate Blood, Save Life" where the chief resource talk was made by Shri Sunil Kumar G, Technical Expert, TSU, AIDS Control Society. The meeting was made fruitful by the presence of Shri Joby T Lal, Officer, Malayala Manorama, Kottayam who has experience as Project Manager of KSACS. He spoke about the need of donating blood and also gave an elaborate introduction of the endeavours of the resource person. A visionary in this field, Shri Sunil Kumar has 10 years of experience as Assistant Director in NACO, Delhi. He spoke at length about the various aspects of blood donation, the need to donate, who can donate, the healthy ways by which a donor can prepare and the like. The session was very interactive, where he provided detailed answers to the queries raised by the volunteers. The end result was an excited group of volunteers who were willing to donate their blood and also host a blood donation camp in the college.



L. S. Thomas

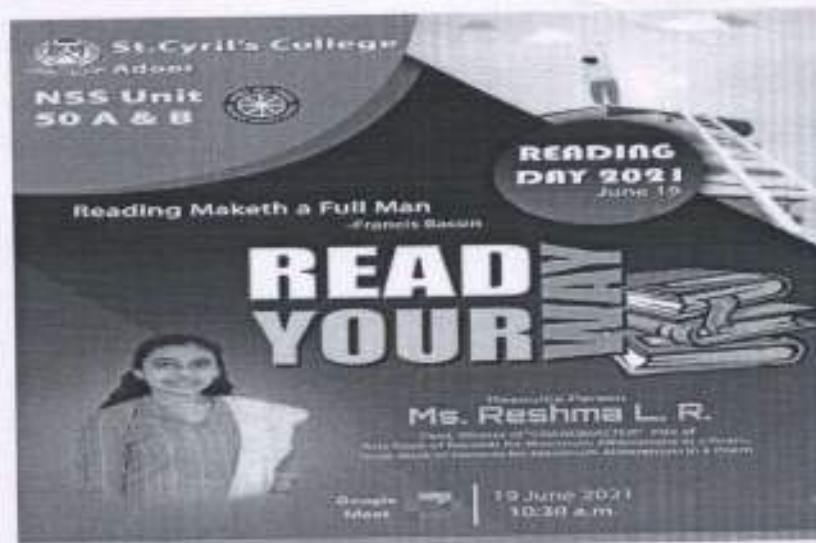
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ADOOR



June 19, 2021 Read Your Way (Reading Day)

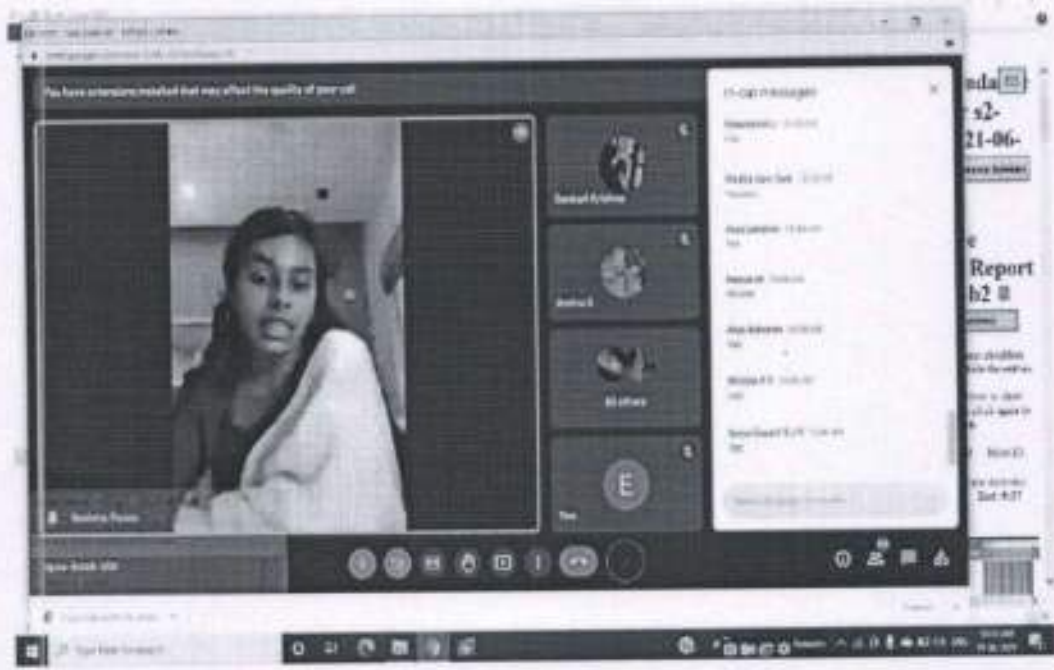
The NSS Unit 50 A&B of St Cyril's College is keen on nurturing the skills of the volunteers and students. All important days are thus celebrated without fail. Reading Day on June 19 was one such memorable day utilized for initiating the volunteers to the world of reading. It was essential to nurture the reading habits of students and hence a webinar was conducted titled "Read Your Way". Reshma L R, Poet and winner of "Grandmaster" title of Asia Book of Records for maximum alliteration in a poem and winner of India Book of Records for maximum alliterations in a poem was the chief resource person. She is a student of the college and former NSS volunteer which added to the festivity of the day. It was a delight to listen to her extensive talk on reading, how she developed the habit and how she still is an ardent lover of books. It was a very interactive session with the volunteers raising questions about reading to which Reshma gave jovial and insightful answers. Volunteer Anjali Mariam Ashok recited the poem Aswamedham. Volunteers Amina and Chandana introduces the must read books to the audience. Volunteer Vimal Jose presented a story that he wrote. It was a very enriching experience for all who were present.

Other than the Webinar, the volunteers also conducted a short story writing competition for the NSS volunteers. Prethaysahyude nurunguvettam was the topic. Five volunteers participated. Sankari Krishna of English won the first prize. Second prize was bagged by Faisal of Economics and third prize by Vimal Jose of History. These stories will be uploade in the NSS YouTube channel as narrated by the writers.



Dr. S. S. Thomas

PRINCIPAL
ST. CYRILS COLLEGE



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Report
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Report
b2



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25 June 2021 – Kit Distribution to 10 Families of Ward 6, Kilivayal

It was a joyous and fruitful day for the NSS volunteers as they went around in search of the 10 families of Ward 6, the adopted village of NSS Unit 50 A&B of St Cyril's College, chosen for kit distribution. Covid wreaked havoc creating a period of crisis of people of the adopted village. Many lost their jobs and means of livelihood. The NSS volunteers decided to raise a small amount to provide essential supplies to the worst affected families of ward 6. A photography contest was conducted to raise one part of the amount and the rest were contributed by the volunteers and programme officer. Items worth Rs 514 were given to 4 families who were in dire need and who did not even have ration card and supplies worth Rs 329 were given to 6 families as per their need and requirement. Mr Robin of Kottarakara, a wholesale dealer helped to get the packets ready. The items worth Rs 514 included

Atta 1 kg, Puttupodi – 500gm, Tea 250 gm, Kashmiri Chilly 100 gm, Coriander 100 gm, Turmeric 100gm, Vanpayar 500 gm, Coconut Oil 500 ml, Rice 5kg, Bar soap-1, Bathing Soap - 1

Items worth 319 included:

Atta 1kg, Bar Soap – 1, Bathing Soap 1, Tooth Paste 1, Rava 500gm, Vellakadala 500gm, Vanpayar 500gm, Coconut Oil 500 ml.

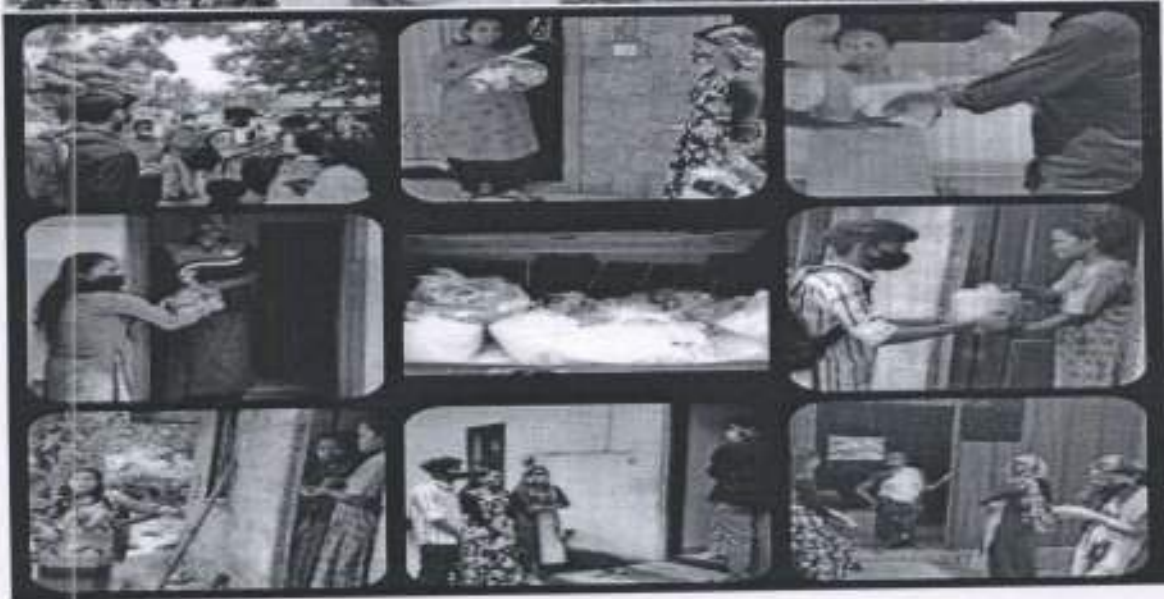
Bakery Kit was given to two families where there were small children.

The kits were distributed on June 25, 2021 when 6 volunteers including Rinsana, Neethu, Maya, Praveen, Faisal and Joel. Abhijith Murali of the Dept of Chemistry . an NSS Cadet and a resident of ward 6 helped to trace the families in dire need. He accompanied the volunteers and Programme Officer to the houses and helped to distribute the kits. It was very gratifying to see the happiness of the families on receiving the essential supplies. It was a day well spent.



John T. Thomas

PRINCIPAL
ST. CYRILS COLLEGE
ADOOR



26 June 2021 International Day Against Drug Abuse

Drugs or artificial neurotransmitters have the ability to destroy the normal functioning of the brain disrupting the communication of the brain with the body. Sending and receiving abnormal messages deter the activities of the person resulting in misconduct and anti-social activities. Money oriented drug dealers and peddlers sell these drugs for heavy prices to school going and college students spoiling their future and familial ties. This social evil needs to be bridled to save the society from falling apart. 26 June is observed as International Day against Drug Abuse and is used for creating awareness among people to refrain from using them. The NSS Unit of St Cyril's College Adoor is committed to its mission of helping the society to overcome such social evils.

In order to create awareness among the people about the necessity of abstaining from drug abuse, placards and badges with the tagline "Say No to Drugs" were circulated among the people. For this the help of autorickshaw drivers were sought. They wore the badges made by the NSS volunteers and travelled around which were noticed by all the people. The children of the adopted village Ward 6 of Kilivayal Colony were also educated on the matter and placards were distributed. This was how an awareness was created among the masses by the volunteers which were truly appreciated by the public.



*By
Anti & Narcotics*



Gender Awareness

July 15 & 22, 2021

A Gender awareness class was conducted by Women and Child Development department on July 15, 2021 which was inaugurated by Dr Divya S Ayer IAS, the present Collector of Pathanamthitta. The inaugural session was attended by NSS volunteers and other students. Advocate Ajitha K was the chief resource person. She spoke about the necessity of maintaining gender equality and provided ample examples to substantiate the same.

The second session for the volunteers were conducted on 22 July 2021 where the classes were lead by Mr Shan Gopan, Executive Director, Disha and Mr Dileep Kumar MB, Advocate. The classes were informative as they exhorted on the legal sides of being abused on the basis of gender. Both the sessions were quite informative to the volunteers.



Ajitha K

PRINCIPAL
ST. CYRILS COLLEGE
ADOOR

ഓൺലൈൻ ഓൺഡർ ബോധവൽക്കരണ ക്ലാസ്സ് ജില്ലാതല ഉദ്ഘാടനം

ജൂലൈ 15 വ്യാഴം ഉച്ചക്ക് 02:30ന്

ഓൺലൈൻ പങ്കാളികൾ

സ്വാഗതം : മേരിക്ക വകുപ്പ് (MSK, Women welfare officer)

ഉദ്ഘാടനം : **Dr. ദീപ്യാ എസ് അയ്യർ IAS**
സംസ്ഥാന ഓഡിറ്റർ ജനറൽ



പങ്കെടുക്കുന്നവർ

• **തസ്തിം പി.എസ്**
(ജില്ലാ വനിതാ ശിശുവികസന ഓഫീസർ)

• **താഹിറ ബീവി.എച്ച്**
(ജില്ലാ വനിതാ ശിശുവികസന ഓഫീസർ)

• **നീല നായർ**
(ജില്ലാ വനിതാ ശിശുവികസന ഓഫീസർ)

• **Dr. സുഷ. ഡി**
(Principal St. Cyril's College, Adoor)

• **ക്ലാസ്സ് നയിക്കുന്നവർ**

• **അഡ്വ. അജിത കെ**
(MSW, LLB, PHD)

• **പ്രദർശനങ്ങൾ** : അടയാളി കോൾ ബി
(MSK, ജില്ലാ ഓഫീസർ)



GENDER AWARENESS CLASS

BATCH 5

02:30PM

22/07/2021

ST. CYRILS COLLEGE ADOOR

resource persons

ആശംസകൾ
MINI MATHEW
 (HISTORY DEPARTMENT HOD)



Shan Gopin
 (DISHA Executive Director)



Dilip Kumar MB
 (MSW, LLB)

for more details
 CONTACT 880770005

Independence Day Celebrations 15 August 2021

Azadi ka Amrith Maholsav

The 72nd Independence Day Celebrations

The 72nd Independence Day of the country was celebrated enthusiastically by the Cyrilian NSS Unit 50 A& B. The volunteers prepared well for the programme. A goolge meet was scheduled on 15 August 2021, Sunday. The celebration was inaugurated by Lt Shaju K John, Assistant Professor and NCC Officer, St Thomas College, Kozhencherry . He addressed the volunteers giving them a talk on the necessity of freedom, touching upon the important events of Indian History. He reminded the audience of the their responsibilities as citizens and concluded by wishing all a happy Independence Day. The inauguration was followed by a pledge taking lead by Mridula K S. Anjali Mariyam expressed her patriotic spirit through a wonderful song. Mridula Vijayan rendered the Independence Day Speech. The history of independence was traced by Leena K Johnson. Neethu and Aswathy paid a beautiful tribute to the leaders of Independence.

As part of the Amritholsavam in relation to the 72nd Independence Day, NSS Unit 50 A&B conducted a poem writing competition for school students upto 10th std. The topic was The National Flag. It was conducted in Malayalam and cash prizes of Rs 500 and 200 were announced respectively for the first and second prize winners. The first prize was bagged by Nyshana KN of St Mary's MMGHS, Adoor and second prize by Kavya R of GLPS Kidangayam North.

A quiz competition of Indian Indepence was conducted for the students of the adopted village and the first prize of Rs 300 was won by Aprna of std VII, second prize of Rs 200 by Karthika of Std VIII and 3rd prize of Rs 100 by Roshan of Std X.

The prizes were announced by the Programme Officer Dr Nisha Mathew and these were given to them through google pay.

Vote of thanks was proposed by Subha Kamal and the programme ended with the National Anthem lead by Sankari Krishna. The whole programme became colourful under the exquisite anchoring of Vimal Jose. A speech was recorded for NSS youtube channel by Amina S.

Lt Shaju K John

PRINCIPAL
ST. CYRILS COLLEGE
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St. Cyril's College,
Adoor
NSS UNIT 30 A&B

75th Independence Day
Celebration 2021

**"LET FREEDOM NEVER PERISH IN
YOUR HANDS"**

"Let us celebrate together"

Independence
Inauguration: Lt Shaju K John
NCC Officer & Assistant
Professor, Department
of Economics
St. Thomas College, Kozhikode

August 18
10:00 AM
Google Meet

**NSS OFFICERS
&
VOLUNTEERS**

75 TH INDEPENDENCE DAY PROGRAMMES 2021

| | |
|---|---|
| PRAYER | SHANKARI |
| WELCOME | MAYA S NAIR |
| INAUGURATION | LT SHAJU K JOHN NCC OFFICER & ASSISTANT PROFESSOR, DEPARTMENT OF ECONOMICS ST THOMAS COLLEGE KOZHICHERRY |
| PLEDGE | AMRULA H S |
| NATIONAL SONG | ANJALI MARIYAM |
| INDEPENDENCE DAY SPEECH | AMRULA VIJAYAN |
| HISTORY OF INDEPENDENCE DAY | LEENA |
| INDEPENDENCE DAY TRIBUTE | HESHU & ASWATHY |
| INDEPENDENCE DAY POEM (WILLING SURESH) | Dr Moha Mathew NSS Programme Officer |
| VOTE OF THANKS | SIBHA KAMAL |
| NATIONAL ANTHEM | SHANKARI |

Zoom Meeting: [Meeting ID]

Participants: 12

Meeting Controls: Mute, Video, Chat, etc.

Windows Taskbar: 10:44 AM, 08/18/2021



September 13, 2021 Visit to Angel Home for Differently Abled Children

Charity begins at home. The Cyrilian NSS volunteers are dedicated and committed to serving the community. It was their generosity and good will that resulted in their going to Angel Home for the Differently Abled at Kodumon which is a few kilometres away from the college. The volunteers closely follows the needs of such institutions and on realizing that Angel Home is in need of stationery and clothes decided to supply them. They took up the initiative of collecting used clothes in good condition and also gathered the money to buy essential materials like lotions, medical kits and body care supplies to be contributed to the institution. After the initial work of storing the necessary materials, the volunteers took them to Angel Home on 13 September 2021. Since covid protocol had to be followed, they could only converse with the warden Sr Immanuela. She received the materials collected and blessed them. The volunteers felt touched and left gratified and happy.

L. J. Thomas

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ST. CYRILS COLLEGE
ADOOR





157th Gandhi Jayanti

October 2, 2021



The occasion of the 157th birth anniversary of the father of the nation Mahatma Gandhi was celebrated in accordance with his teachings and principals. Since covid protocol had to be followed, an online meeting was conducted on 3rd October Sunday at 12 p.m. Sankari Krishna sang the NSS song as a prayer. RLV Suma Narendran ex BMC Convenor, Adoor who won the Kerala State Award for Terrace Farming in 2019 and First Rank holder in Bharatanatyam from MG University was the chief guest. Prof Anitha Thomas made the introductory remarks. Ms Suma Narendran spoke about the necessity of terrace farming and following various strategies to keep our surroundings tidy. There were also discussions on the ways by which plastic waste could be collected and recycled. She clarified the doubts raised by the volunteers on tie ups with panchayaths for the same. Dr Nisha Mathew proposed the vote of thanks.

Lut Thomas

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ST CYRIL'S COLLEGE , ADOOR


NSS UNIT 58 A & B

CELEBRATING 157 TH GANDHI JAYANTHI

**“ ഇന്ന് ചെയ്യുന്ന പ്രവൃത്തിയെ
 ആശ്രയിച്ചായിരിക്കും നിങ്ങളുടെ ഭാവിയ്ക്കി ”
 : GANDHIJI**

Chief Guest :



ALV SUMA NARENDRAN
 [Ex BMC Convenor : Adoor Municipality.

2019 ൽ മണ്ണുപുറം കഴിയി
 Kerala State award winner

2007 ൽ MG University BA
 രാജ്യനാട്യം 1st Rank holder]

TIME : 12 : 00 PM

GOOGLE MEET

HAPPY GANDHI JAYANTHI
(FIGHT FOR FREEDOM)

November 14, 2021 Children's Day

Children are the gift of God and it is the responsibility of the society to nurture them with strength, courage, determination, love and all the virtues necessary for a social life. 14 November, the birthday of Jawaharlal Nehru is celebrated as Children's Day as he was very fond of children. The NSS Unit 50 A&B of St Cyril's College Adoor too decided to celebrate the day colourfully with the children of GHSS Vadakkadathucavu and the Autism centre opposite to it. On thinking divergently about the way to celebrate, the volunteers unanimously decided to make story books to be distributed to the children in the school. Famous stories by popular writers were chosen and manuscripts were made using chart paper. Most of them were illustrated. More than 65 books were handed over to the Principal Smt Rajana in the presence of other teachers and little ones. Nehru caps made by the volunteers were also distributed to the kids. The kids interacted well with the volunteers and officers and those who sang and answered the questions asked were rewarded with handmade flowers. It was a delight to watch the enthusiastic performances of the children. After spending time with the children, the volunteers and officers went to the Autism Centre functioning opposite to the school to hand over gifts containing colour pencils, pencils, eraser, sharpener and colouring books. The kids were taken for speech therapy and hence the gifts were given to the teacher in charge Rekha. It was a day well spent with the children and for the children.



Smt Rajana
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ST. CYRIL'S COLLEGE



National Youth Day: 12 January 2022

The birthday of Swami Vivekananda is celebrated as National Youth Day in India and plays a significant role in boosting the morale of the NSS volunteers. True to the teachings of the great guru, NSS Volunteers planted trees in the campus in the presence of the Principal, Prof Anitha Thomas. They vowed to take care of the saplings and nurture them until they leave the campus.



Anitha Thomas

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04 Feb 2022 World Cancer Day

The volunteers made posters to create awareness on cancer and took photos with them. This was circulated among teachers and students



L. S. Khan

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08/03/2022 Women's Day

International Women's Day was celebrated on March 8th 2022 by giving battery operated fan and emergency light to a woman of Ward 6 who did not have electricity connection.



L. G. Thomas

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19/03/2022 Charity Day

The volunteers had gathered an amount of Rs 10,000 through charity and were distributed among 5 families who were in dire need. Some of them wanted to maintain confidentiality.



Aluvila Rd, Kilivayal, Kerala 691551, India

Latitude
9.128614335771665°
Local 10:09:55 AM
GMT 04:39:55 AM

Longitude
76.74622057663169°
Altitude -47.94 meters
Saturday, 19-03-2022



4PGR+GXQ, Kilivayal, Kerala 691551, India

Latitude
9.126028621342355°
Local 10:17:25 AM
GMT 04:47:25 AM

Longitude
76.74293199896476°
Altitude -52.91 meters
Saturday, 19-03-2022



Lute Thomas
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