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# ST. CYRIL'S COLLEGE, ADOOR ANNUAL REPORT : 2022-23

# ANNUAL REPORT 2022-2023



St Cyril's College Cyril's Mount Vadakadathukavu P.O. Adoor 691526 Kerala India Website:www.stcyrils.ac.in Email: cyrilsadoor@gmail.com

# PROFILE OF THE INSTITUTION

Manager	:	H.G. Dr Zacharias Mar Aprem Metropolitan
Principal	:	Ms Mini Mathew(April 2022- December 2022)
	:	Dr Susan Alexander(January 2022- March2022)
Administrator	:	Sri A K Thomas, Secretary
Website	:	www.stcyrils.ac.in
E mail	:	cyriladoor@rediffmail.com
	:	cyrilsadoor@gmail.com

Registered name	:	St Cyril's College, Adoor.
Established	:	1981
Motto	:	Hope, Faith and Charity
Type of Institution	:	Government Aided Arts and Science College
Affiliation	:	Affiliated to the University of Kerala
Accreditation Status	:	Re-Accredited by NAAC with B Grade in 2018
Management	:	Adoor- Kadampanad Diocese
UG Programmes	:	6
PG Programmes	:	2
Student Strength	:	606
Male	:	223
Female	:	383
Teaching Staff	:	23
Guest Faculty	:	11
Non-teaching staff	:	9

#### **About the Institution**

St. Cyril's College, situated on the Cyril's Mount, yearns to impart wisdom and knowledge to those who seek it, thereby bringing an immense impact on society. The college is founded by the Late Lamented His Holiness Mathews II to propagate education and enlightenment to the community. The College started in November 1981 as a Junior College affiliated to the University of Kerala. The College is recognized under section 2(f) and 12(B)of the UGC Act of 1956. It had gained the Minority Status in 2011. The college offers Post Graduate courses in Physics, English and Degree courses in Chemistry, History, English, Economics and Commerce. A new course, B.Sc Mathematics and Computer Applications( Double Main) was introduced in 2020. In the year 2012 the college was accredited by NAAC with 'B' grade. It is one of the Malankara Orthodox Colleges established and administered by the Malankara Syrian Orthodox Church, Adoor -Kadampanad Diocese in accordance with the rights of the minority community guaranteed in the constitution of India. The college got B Grade with a grade point of 2.2 in the second NAAC assessment on November, 2019.

St Cyril's College has made an indelible impression in the rural background it is placed, touching and moulding the lives of many. It is located in Kilivayal, Adoor a rustic vicinity remote from the humdrums of urban lifestyle. The institution with its humble beginnings tries to impart education to the less advantaged students in the society. The Management and Staff of the college is engrossed in the overall achievement of its students and is obligated to help them achieve the same. The college seek for a sustainable development of the community as well as the college fraternity.

#### Our Vision

An educated, spiritually enlightened community can eradicate ignorance and evils in the society To become a center of excellence in education to create a supportive and caring environment for the staff and the students and be responsive to the needs of the community.

#### Our Mission

To mould its students to be preservers of noble human values unselfish in their service to fellow beings, seeking, acquiring and applying knowledge to alleviate human suffering and be rooted on firm principles.

Uplifting women through higher education and bringing them into the main stream.

• Curricular Aspects

The curricular structure of colleges affiliated with Kerala University is designed to provide a comprehensive and flexible learning experience, adhering to the guidelines of the University Grants Commission (UGC) and the state's higher education policies. The curriculum emphasizes a balance between theoretical knowledge and practical application across various disciplines, promoting holistic development.

At the undergraduate and postgraduate levels, courses are offered in arts, science, commerce, and professional studies, with an emphasis on both core and elective subjects. The credit-based semester system encourages continuous assessment through assignments, projects, and examinations, while also allowing students to explore interdisciplinary courses. The university also integrates value-added courses, internships, and skill development programs to enhance employability and real-world experience.

Additionally, the college places a strong focus on research and innovation, encouraging students to participate in research projects, seminars, and conferences, fostering a culture of academic inquiry and lifelong learning. Overall, the curricular framework aims to develop well-rounded graduates equipped with the knowledge, skills, and values required in an evolving global landscape. The college conducts Bridge course and entry level examination to cater to student diversity and assess the learning levels of the students into Above average/advanced learners, below average/slow learners. The Department of English develop Research aptitude in students through documentation of Nobel Laureates and Booker prize winners.

### **I.** Curricular Design and Development

• Admission

The admission to the college is through the online portal of the University of Kerala. The college offers 5 U.G. programmes in addition to the Double Main B.Sc Maths and Computer Applications and 2 P.G. programmes.

	• Number of Students Admitted in the Tear				
Programme	Number of seats sanctioned	Number of Students admitted			
B.A. English	50	39			
B.A. History	50	50			
B.A.Economics	40	32			
B.Com	35	35			
B.Sc Mathematics and Computer Applications	30	8			
B.Sc Chemistry	28	8			
MA English	20	20			
M.Sc Physics	13	6			

• Number of Students Admitted in the Year

# Programmes Offered

• Undergraduate Programmes

		ARTS	
Sl.no.	Name of Programme	Complementary Courses	Sanctioned Strength
1	B A English Language And Literature	1. History of English Literature	50
		2.Political Science	
2	B A Economics	1. History	40
		2. Politics	
3.	B A History	1.Economics	50
		2. Politics	
		COMMERCE	
4.	B. Com with Computer Applications	Managerial Economics, Business Mathematics, Mathematics	35
		SCIENCE	
5.	B.Sc Chemistry	Physics, Maths	28
6.	B.Sc Mathematics and Computer Applications	Double main	
	Post Graduate Programm	es	
7.	M.Sc Physics	Optional subject : Electronics	13
8.	MA English		20

- Faculty of the college as members in the Academic Bodies of University
  - 1. Ms Mini Mathew- Chairperson, Board of studies, History, University of Kerala.
  - Lt. Dr Baiju P Jose- Observer, National Testing Agency, Department of Higher Education Ministry of Education, Govt. of India
    Subject Expert, Board of Studies, Physical Education, CMS College, Kottayam
    Board Member, Physical Measurement & Physical Efficiency Test, Kerala Public Service Commission)
  - 3. Dr Susan Alexander Member, Academic Committee. SN Open University
  - 4. Dr Smita Kochummen Member, Board of Studies. Commerce, University of Kerala

• Add on / Certificate Courses

The various departments of the college offer Add- on and certificate courses adhering to the needs of students in gathering skills for competitive exams.

- i. Chemistry Good Laboratory Practice
- ii. English English Language Skills
- iii. Physics Python 3.4.3
- iv. Economics Budget Studies
- v. Commerce Business Communication

### **MGOCSM**

MGOCSM (Mar Gregorios Orthodox Christian Student Movement) is one of the oldest Christian student organizations in India, particularly active within the Malankara Orthodox Syrian Church. It was founded in 1907 by Saint Geevarghese Mar Gregorios of Parumala, a revered figure in the Orthodox Church, with the aim of bringing together students, especially from higher education institutions, for spiritual nourishment and Christian fellowship.



The movement operates with a strong focus on encouraging Orthodox Christian values among youth, developing leadership qualities, and fostering service-oriented activities. MGOCSM conducts various spiritual programs, retreats, seminars, and community outreach activities to engage young people in the Church's mission. The movement also has chapters worldwide, uniting Orthodox Christian students in different regions.



Key aspects of MGOCSM's work include:

Spiritual Development: Organizing Bible studies, prayer meetings, and retreats to strengthen the spiritual life of students. Social Engagement: Encouraging students to take part in social service and charitable activities.Leadership Training: Conducting workshops and seminars to develop leadership qualities among youth. MGOCSM continues to play a vital role in nurturing the faith and spiritual life of young Orthodox Christians in Kerala and beyond. The MGOCSM of the college offers course on Professional Ethics, Gender and Human values. Every Friday 12.15 to 12.45p.m.resource persons either teachers or Priests take classes on the same.. The unit conducts mission field activities and relief fund collection to help the needy. The unit conducts tour to Parumala every year on 2 November to commemorate the feast of Parumala Thirumeni.

#### • College Union and Student Activities

The College Union Election for the year 2022-2023 was conducted on 5 December, 2022 and the newly elected body took their oath on December 12,2022 officially taking up the responsibilities of the posts held. These students holding vital positions in the union are active participants in the academic and administrative activities of the college.

COLLEGE UNION MEMBERS					
Name of the	No. In The Electoral Roll	Class			
Candidate					
	Chairperson				
Thejassi Anilkumar	4755	D3 Economics			
	Vice- Chairperson				
Divya .U.R	5116	D2 History			
	General Secretary				
Anila .R	4924	D2 Commerce			
Counc	cilors to the University Union				
Abhinav.S	5529	D1 History			
Roshin Rajan	5042	D2 Economics			
Edit	tor of the College Magazine				
Aromal Santhosh	5158	D2 Mathematics			
	Arts Club Secretary				
Krishna Priya	5415	D1 English			
	Lady Representative				
Rinsana .R	4591	D3 English			
Jibitha Babu	5023	D2 Economics			
III Year UG Representative					
Nil					
II	Year UG Representative				
Akhil Roy	5075	D2 Commerce			
I Year UG Representative					
Hydher.N	5304	D1 English			
II Year PG Representative					
Ajesh.A.S	5179	M.Sc Physics			
I Year PG Representative					
Rehana .A.R	5526	M.A English			
	Name of the Candidate Thejassi Anilkumar Divya .U.R Divya .U.R Anila .R Counc Abhinav.S Roshin Rajan Edit Aromal Santhosh Krishna Priya Krishna Priya III Akhil Roy III Akhil Roy II Hydher.N	Name of the Candidate     No. In The Electoral Roll       Candidate     Chairperson       Thejassi Anilkumar     4755       Thejassi Anilkumar     4755       Divya .U.R     5116       Divya .U.R     General Secretary       Anila .R     4924       Councitors to the University Union     Abhinav.S       Abhinav.S     5529       Roshin Rajan     5042       Aromal Santhosh     5158       Krishna Priya     5158       Krishna Priya     5415       Jibitha Babu     5023       Jibitha Babu     5023       III Year UG Representative     Nil       Khil Roy     5075       Hydher.N     5304       Hydher.N     5304       Hydher.N     5304       Hydher.N     5304			

**COLLEGE UNION MEMBERS** 

'Achinthaya' 2022-23 organized Christmas Day Celebration on December 22,2022. The Union and Arts Club Inauguration was conducted on January 16, 2023 by Vishnu A, Kerala university Union chairman and Aswin Jose (cine Actor) respectively.



The Arts Day (Youth Festival) 'Nisarga' was organized from January 16-18, 2023. The students participated and performed in single and group items. The Annual college sports meet was conducted on March 21&22, 2022. Football, volleyball, tug of war(boys) and (girls) was conducted.

The culmination of the various programs conducted by Union was finally concluded with the Merit Day & College Day Celebration

on March 30 ,2023. The winners of college Kalolsavam participated in Kerala University Youth Festival conducted at Ambalapuzha, Alappuzha from May 6 - 8,2023. These students actively participated in the kalolsavam : Joel George BA history, Abhinav R BA Economics

Adhwaith S BA English, Chetan G John, Divya Lakshmi DS BA English Sneha Sunny BA English , Ajmi Shah Jahan B Com ,Sibi B BSc chemistry and Sankari Krishna BN BA English.

#### **II.Teaching Learning and Evaluation**

- Ms Medha Sara Sam secured First position (8.54) in BA English in the degree examinations conducted by University of Kerala.
- Ms.Subha Kamal, BA History secured seventh position.
- Mr. Vibin V L, BA History secured sixth position in the degree examinations conducted by Kerala University.



- Evaluation system and results
- The evaluation system of aided colleges under the University of Kerala typically follows the guidelines set by the university, which include both internal and external assessments. Here's an overview of the key components of the system:
- 1. Internal Assessment (Continuous Evaluation)
- 2. External Assessment (End-Semester Examination)

Weightage: The external examination typically accounts for 75-80% of the total marks. The exam is conducted at the end of each semester. It follows the syllabus and guidelines prescribed by Kerala University.

The format usually includes a mix of descriptive, short answer, and objective questions, depending on the course. Practical exams are held for science subjects and courses requiring laboratory work. The University of Kerala follows a Credit and Semester System (CSS) for both undergraduate and postgraduate programs. Grades are awarded based on a 10-point grading scale (Outstanding): 9.0 to 10.0 grade points, A+ (Excellent): 8.0 to 8.9,A (Very Good): 7.0 to 7.9,B+ (Good): 6.0 to 6.9,B (Above Average): 5.0 to 5.9,C (Average): 4.0 to 4.9,F (Fail): Below 4.0.Students need to maintain at least 75% attendance in each course to be eligible to appear for the end-semester exams. Students who are not satisfied with their results can apply for revaluation or scrutiny. There is also a provision for writing improvement exams for betterment of grades in certain subjects.

Department	No. of Students	No.of Students	Pass Percentage
	Attended	Passed	
MA English	18	17	94
MSc Physics	12	06	50
B.Sc Chemistry	19	10	52.6

Result of Final Year Students

BA Economics	36	19	52.7
B.Com	37	18	48.6
BA History	44	23	52
BA English	45	23	51
B.Sc Mathematics and	3	2	66.6
CA			

• Scholarships

The institution recognizes the academic proficiency of students through the honour systems that include award, grants, scholarships, fellowships and freeships.

Name of the scheme	No.of Stude	ents benefitted	No.of students	
	by govt. scheme		benefitted by non- govt scheme	
	No. of Students	Amount	No.of students	Amount
Post Matric Scholarship		Rs 90000		
for Minorities	9(renewal)			
Snehapoorvam	4(renewal)	Rs 48000		
scholarship				
Higher Education	1(renewal)	Rs 18000		
Scholarship				
Vidya Samunathi	1(fresh)	Rs 6000		
Scholarship KSWFC				
Suvarna Jubilee	1(renewal)	Rs 10000		
Scholarship				
Endowments			67	Rs 55,103

The college has a tutorial system where the student is guided and supported by a tutor in both curricular and co-curricular activities. The Mentoring system of the college also help in creating a safe physical and psychological space for the students.

The Department of English has established an admirable tradition in which first-year B.A. English students compile comprehensive documentation on Nobel Laureates in Literature. This ongoing initiative not only highlights the students' growing academic skills but also reflects their commitment to exploring and appreciating the latest literary achievements and trends.

The First-year students of BA English 2021 undertook the execution of the documentation with an outlining of the responsibilities involved in the process. Ms Deby Mariam John and Mr Sabin Sam were chosen as the Student editors and Ms Sowmya Mary Thomas was the Staff Editor. The documentation traced a conceptual outline method along a structural framework with preliminary focus on the history of the Nobel Prize.



# **III. Research Innovation Extension**

• P G Department of Physics upgraded to Research Department. The Department of Physics, was recognised as a research department by the University of Kerala. Dr R. Bindu, Hon'ble Minister for Higher Education and Social Justice inaugurated the centre on 17 February 2023. The Solar Cell and LED bulb manufacturing hub of the department was also unveiled on the occasion. Hon'ble Deputy speaker inaugurated the seminar on Energy Conservation and Sustainable Development. PG. students, research scholars, faculty members and academicians from various institutions attended the sessions. The inaugural function was chaired by H.G. Dr Zacharias Mar Aprem Metropolitan, the Manager of the college.



In the research department, Dr. Anoop Chandran, Dr. and Alan are research guides. Three research scholars are currently doing research here. Currently, students and researchers under the leadership of the research department have started manufacturing solar cells and LEDs. Research is also going on in the areas of nanotechnology, spectroscopy and quantum chemical computation.

In the afternoon technical session as part of the seminar, Dr. N. V. Unnikrishnan, (Retired Professor, School of Pure and Applied Physics, MG University), Dr. Anoop Chandran, (Assistant Professor, St Cyril's College, Adoor) will conduct classes on "The Hunt for LED" and "Dye Sensitized Solar Cell".



#### **RESEARCH GUIDES & SCHOLARS**

• Physics

Dr Anoop Chandran

1. Asitha C. Nair

2. Lekshmi 0.

Dr Alen S.

• Commerce

Dr Smita Kochummen

- 1. Rejani K R
- 2. Majida MA
- 3. Roshini Thomas
- 4. Archa Ramachandran

Extension activities often introduce students to new environments, perspectives, and opportunities, broadening their horizons and encouraging lifelong learning. It gives them a practical application of Knowledge. They help develop essential skills such as critical thinking, problem-solving, communication, and teamwork. These skills are highly valued in both academic and professional settings. The college always aims to provide a scholastic development of the students. NSS, NCC and the various club activities help students to enhance their social skills.

#### National Service Scheme (NSS)

The NSS Unit has actively participated in various social service and community development programs throughout the year. These activities have contributed significantly to the betterment of society, while fostering a spirit of service among the volunteers. Below is a detailed report of the major activities undertaken by the NSS unit.

NSS Unit 50 A&B of St Cyril's College, Adoor has always been in the forefront framing strategies for the betterment of the college. After two months of vacation, college is to reopen on June 2, 2022. It is the responsibility and obligation of every NSS volunteer to prepare the college for welcoming the students. On May 25, 2022, the volunteers of NSS gathered together to clean the

campus, make it free of grass and rubbish. Added to it, they also replanted the empty flowerpots. The campus was given a new life and freshness by the volunteers.



NSS Unit 50 A&B of St Cyril's College, Adoor celebrated World Environment Day as a weeklong programme. On June 5<sup>th</sup> volunteers and programme officers planted trees in their respective houses. The programme was elaborate on June 6<sup>th</sup> with multiple trees including Neem, Devadaru, Gooseberry, Mango, Fig, and Ramputtan were planted in the college premises. The inauguration was done by Ms Mini Mathew, Principal of the college by planting a Neem tree.. The next big step was a visit to the Anganavadi near the college with flowering plants and pots.

The students were given a seed ball training in association with Nila Foundation on  $7^{\text{th}}$  June 2021. The seed balls were made and dispersed by the volunteers on  $8^{\text{th}}$ ,  $9^{\text{th}}$  and  $10^{\text{th}}$ .







NSS unit of St. Cyril's College conducted a photography and video contest titled "Green Bliss" as part of the environment day programme on June 5, 2022.



• The NSS Unit 50 A&B of St Cyril's College, Adoor celebrated International Yoga Day on 21 June 2022 by organizing a yoga class for the volunteers. The inaugural session began at 10:30 a.m. Demonstration was given by Adore Deepa S who is a Yogacharya and Psycho Counsellor.



The NSS Unit 50 A&B of St Cyril's College celebrated Reading Day by conducting a Reading competition for the school children of its adopted village Ward 6.



NSS Unit of St. Cyril's College organized a Blood Donation Camp on 24 June, 2022, in association with Red is Blood Kerala (RIBK) and Blood Transfusion Services of General Hospital Pathanamthitta. The camp began at 10:30 a.m. with an inaugural address by the Principal of the college Ms Mini Mathew. It was followed by an awareness talk by Dr Pretty, Medical Officer of General Hospital Transfusion Services, Pathanamthitta. There were 12 members including doctors, nurses, assistants and all of them supported by RIBK volunteers.



• Shifas Jan S, NSS volunteer of the Department of Commerce attended the three day residential training on palliative care organized by National Service Scheme, University of Kerala and Department of Student Services, University of Kerala from July 27-July 29, 2022 at the Kerala University Student Centre, Thiruvananthapuram. It was enriching experience for the volunteer. Shifas Jan would be sharing his experiences with his fellow volunteers inorder to equip them for palliative services in the community.



• An Onam stall was set up by the NSS volunteers on 31 August 2022 to generate fund for buying essential supplies for the inmates of Gandhi Bhavan Adoor. The volunteers made various savouries, pickles and squashes at home and these home made products were sold at reasonable prices to the staff and students of the college. Everything was packed on 30th August 2022. The stall was inaugurated on 31 August 2022 by the Principal of the college Prof Mini Mathew. The first sale was done by Dr Mini Samuel of the Department of Hindi. The volunteers were able to see all the products and raise an amount of Rs 10000 which was used for buying necessary goods for the inmates of Gandhi Bhavan.



- October 1 is celebrated as the International Day for the Aged and it was great feeling for the NSS Volunteers to visit the aged inmates of Mahatma Janaseva Kendram. As part of Palliative Care and help, an onam stall was opened to raise an amount to help the inmates of Jana Seva Kendram.
- A Gender Awareness Campaign was conducted for the students of the college on October 11, 2022 in association with Women and Child Department and ICDS Parakkode to create awareness among the students regrading dowry system, heavy expenses for conducting weddings and child marriage.. A detailed and interesting awareness class was lead by Adv Muhammad Ansari, District Court Pathanamthitta.



• A seminar on Anti-Alcohol/Drug Abuse Awareness was conducted on 18 October 2022. The class was lead by Shri Binu Varghese, Preventive Officer, Excise Narcotics Special Squad, Pathanamthitta.



• The NSS Unit 50 A&B of the college celebrated Children's Day ina beautiful way by bringing a smile on the little ones of the Anganavadi near to the college. The volunteers good at painting painted cartoons and pictures on the walls of the Anganavadi making the little ones happy.



• A Orientation Programme was arranged for the first year NSS volunteers to create an awareness in them about the functioning of NSS. Shri John Eapen, Best NSS PO 2022 and Assistant Professor of Marthoma College, Ayur was the Resource Person.



• The NSS unit of the college donated a shelf to the anganwadi so that they could keep the books and bags of the kids. The money was obtained through Birthday Challenge and it was delivered on January 6, 2023.



• National Youth Day was celebrated in association with Kerala State Youth Welfare Board. District Youth Programme Officer Smt Beena S B welcomed the gathering. Presidential Address was rendered by Sri Bibin Abraham, District Coordinator. The inauguration was conducted by Sri Nooranad Mohan, Writer and Publisher of Unma Publications. Dr Susan Alexander, Principal and Dr Nisha Mathew, NSS Programme Officer felicitated the occasion. Dr Runcy Wilson was the Resource Person of the day and spoke on *Youth and Reformed Kerala*.



- March 8, celebrated as International Women's Day was unique for the NSS volunteers of Cyril's. It was the day of the launch of a product that they had made Hibiscus Squash. It is extremely healthy and good for various issues faced by women.
- NSS unit of the college conducted an AIDS awareness programme on 1st December 2022.
- The NSS unit has consistently worked toward the upliftment of society through its various programs and activities. By involving students in meaningful social work, the NSS has contributed not only to community development but also to the personal growth of its volunteers, fostering a sense of responsibility and service to the nation.



• The Extension Activity of the Department of Commerce was a study on household investment in Erathu grama panchayat.



• The PG and Research Department of Physics conducted a 'Science Awareness Class' handled by M.Sc students at St Thomas Vocational HSS, Pannivizha on 14 November 2022.



The Department of Economics conducted extension activities in the vicinities of the college on energy conservation.

The teachers of PG Department of English along with the students visited Anganawadi No 25 on 05 June 2022 to create environmental consciousness in the little ones. These kids should learn to protect their mother earth as she is on the verges of destruction. It was also to initiate in them an urge to protect their environment. Megha B S of second year BA English introduced the book *Our House is on Fire* by Greta Thunberg.



On March 10, 2023, the teachers and students of the Department of English went to the LP school with the extension activity Catch them Young. . The programme started at 11:30. Dr Nisha Mathew initiated the class by interacting with the students and giving them a briefing on English language and the necessity of reading books. Santra Merin Jose introduced the book Charlotte's Web and Induja P Pani took them to a wonderland through the story Alice in Wonderland.

# Women's Cell

As per the proposal submitted to Kerala State Women's Development Corporation Ltd (KSWDC), Women's Cell of St.Cyril's College, Adoor, commenced its activities based on the upliftment of women groups, and scheduled various programmes in the College. The formal inauguration of Women Cell of 2022-23, was held on 23rd January, 2023.Dr.Shiny Kochummen Assistant Professor of Commerce, Women's Cell Co-ordinator welcomed the gathering. Smt.Dhanya K S,Sub Inspector Of Police, Adoor PS formally inaugurated the women's cell. The officer gave a bird's eye view on the legal frameworks available for womens protection.She also emphasised that women should have broader outlook of life. Smt.Mariamma Tharakan, Panchath Member,Ward VI,Erath Grama Panchayth Standing Committee Chairman felicitated the occasion. She reinforced the need for women security. Mrs.Mini Mathew (Associate Professor) HOD, Department of History, Mr.Sajin Philip (Assist.Prof.)HOD, Department Of Economics And Staff Secretary, Kumari Thejassi Anil Kumar, B.A Economics, Chairperson felicitated on the occasion.



Women Cell in association with KSWDC organized a talk on "Team Building" on 23/01/23, Resource person- Mr. Shijin Sreekumar.



A community Intervention programme on "Becoming a Productive Teenager" was organized by Women's Cell in association with KSWDC at St. Mary's MMUPS, Adoor on 17/03/2023. Resource person- Smt. Merlyn Susan Varghese



A training session was held for the benefit of First Semester and women cell members focusing on "Personality Development" was conducted for the students in association with Hindustan Unilever Ltd On January 24, 2023 in the Seminar Hall. Ms.Anjuman Banu, Personality Trainer, Rexona Confidence Academy delivered the talk. The talk was given to all the girl students of the college. Nearly 100 students attended the programme.



A session on self-defence was held on February 22,2023 at 10.00 am, the resource person was Yog Acharya, Fr Dr Jacob John



A class on Gender sensitization was held for the students of the College on February 23 at 10am. Dr Shiny Kochumen , Coordinator of women cell welcomed the session. Dr Susan Alexander, Principal of the College delivered the key note address in that program. followed by a brilliant and simple class about gender sensitization led by a sogesic trainer Shakhiya S Priyamavadha.

With the theme **Digitall:Innovation and Technology for Gender Equality** a training session was held for the benefit of Second Year and women cell members focusing on **"Women and Education through Technology"** on March 8, 2023 in the Seminar Hall. This day recognises and celebrates the women and girls who are championing the advancement of transformative technology and digital education.



Dr. K Ajitha speaking on Gender and Education in the Technological Era

The Women's Cell of St Cyrils College, Adoor in association with KSWDC organized a theme dance entitled '*Save the Teens*' on the theme '*Say no to Drugs*' at college auditorium on 30/03/2023



Manuscript entitled SENORA 2022-23 was released on March 31<sup>st</sup> 2023 by Principal Dr. Susan Alexander, Dr.Mini Samuel IQAC Co-ordinator and Mrs. Mini Mathew, Associate Professor ,Department of History were present.



#### III. Infrastructure and Learning Resources

The new administrative block is under construction with a new Library, labs and offices. The construction of the new administrative block marks a significant milestone in our institution's continued growth and development. This state-of-the-art facility is designed to enhance the efficiency and effectiveness of our administrative operations, providing a modern and welcoming space for both staff and visitors. Equipped with cutting-edge technology and sustainable design

features, the new block will streamline processes, foster better communication, and create a more productive working environment.

Beyond its functional purpose, the administrative block symbolizes our institution's commitment to progress and excellence. As we expand our campus infrastructure, we remain focused on creating spaces that not only meet current needs but also anticipate the future demands of a dynamic academic community. The new block will play a vital role in supporting the institution's mission, ensuring that we continue to serve our students, faculty, and stakeholders with the highest standards of professionalism and care.

The Library has access to N-List, electronic journals and resources. Our library stands as the intellectual heart of the institution, providing a rich and diverse collection of resources that support academic growth, research, and lifelong learning. Over the years, it has evolved into a modern knowledge hub, offering not only traditional books and journals but also digital databases, e-books, and multimedia resources that cater to the diverse needs of our students and faculty. It serves as a space where students can immerse themselves in learning, explore new ideas, and engage in critical thinking. Our dedicated librarian, Aswathy is always on hand to assist users in navigating the materials and tools available. Book purchase of Rs.3,09989 was done through amount utilized from PD account and through management fund. Academic journals for amount Rs34650 were purchased during the year. Physical stock verification was conducted during the year (from the period 10/05/2023 to 30/05/2023) and as per the report; total number of books entered in the library accession register is 24015.

During this academic year, Library has conducted:

Library orientation for freshers, NLIST orientation, Implemented remote access to e-resources and digital databases, a quiz programme on Gandhi Jayanthi.

As we continue to expand our collections and services, we are committed to ensuring that the library remains a cornerstone of academic excellence and a key resource for all members of our institution.

# ACHIEVEMENT IN SPORTS AND GAMES



Aditya A. S and Jobi Johnson were selected for an army attachment camp at 11 Madras Regiment held from 26-08-2022 to 9-09-2022.



The National Cadet Corps (NCC) at our institution plays a vital role in shaping responsible, disciplined, and patriotic citizens. With a focus on character-building, leadership, and service to the nation, the NCC provides students with unique opportunities for personal development while instilling a sense of duty and discipline. Through various training programs, camps, and community service initiatives, cadets gain valuable skills in leadership, teamwork, and physical fitness, fostering a spirit of resilience and self-reliance. NCC conducts routine parades and celebrates national festivals.



The Physical Education Instructor with Manasi, M A English, she secured Gold for Powerlifting.



Students from St. Cyril's college participated in All India Inter University Power Lifting Championship held at Udaipur, Rajasthan



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മിസ്റ്റർ ഇ ന്ത്യ നാഷണൽ ബോഡി ചാമ്പ്യൻഷിഷിൽ മത്സരി ക്രണ കേരള ടീമിലേക്ക് തി രഞ്ഞെട്ടക്കപ്പെട്ട സച്ചിൻ രാജ് . നെട്ടമൺ കാവ് കടി ക്രോട് പ്ലാവിള വീട്ടിൽ പ രേതനായ എൻ.രാജവിന്റെ യും എസ്.സ്പനിതയുടെയും മ കനാം അട്ടർ സെന്റ് സിറിൾ സ് കോളേജിലെ രണ്ടാം വ ർഷ ബി.കോം വിദ്യാർത്ഥി യുമാണ്

KERALA KAUMUDI EPAPER Clipping Kerata Kaumudi - Kollam

Name	Event	Prize
Deepu. S. B	Weight lifting	Silver Medal
Vishnu Rajesh. R	Weight lifting	Bronze Medal
Amal Raj. S	Wushu Boxing	Silver Medal
Ganesh. S	Karate	Bronze

Jobin. J	Weight lifting	Silver
Sachin Raj	Bodybuilding (Best Physique)	Bronze
Jaison Joy	Best Physique and Wushu Boxing	Bronze, Bronze
Albin Reji	Best Physique	Silver
Mansi M	Powerlifting	Gold
Alan Jose	Kickboxing	Gold
Abraham. M. Kuriakose	Wushu Boxing	Gold
Sooraj. S. S	Best Physique	Gold
Abindev. A	Best Physique	Gold
Rahul. H	Mr. Kerala	5th position
Sudhi. S. S	Powerlifting, Weight lifting	Gold, Silver
Pramod Kumar. V	Weight lifting	Silver
Anjana. R. S	Weight lifting	Gold

# ONAM CELEBRATION



• The college celebrated Onam in its full galore. The Onam celebration of Student's Union held on 1 September 2022. Flower carpets were drawn in each department followed by Onasadhya and Payasam. Onam celebration of staff club conducted on 2 September 2022 with games and fun activities.



• The College is keen to reduce ragging related complaints in the campus and so has taken the initiative for an Anti-ragging class led by Sri V. Kuttapan conducted by anti- ragging cell on 13th September 2022



• IQAC organized a 3-day orientation programme for first years from 13/10/2022 to 17/10/2022 on topics like "Personality Enhancement in Post- Covid times", Celebrating life and learning and the final day was filled with activities and games for students. Resource Persons- Fr. Rejo Mathew Joseph, Rev. Sam Koshy T, Dr. A. Nasim

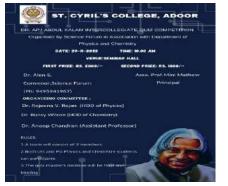


A one-day National Seminar on Constitution and Social Justice was organized by Department of Political Science and History on 18th November 2022 Coordinator- Dr. Siji Rachel George, Convenor- Dr. O.C.Pramod



A National Seminar on "Gandhi, Democracy and 75 years of Independence" was organized by the Department of History in association with Prabodha Trust, Kochi on 21/11/2022.

N. Madhavan Kutty, Former resident editor of Indian Express led the Chief talk, Retired Consumer Court Judge, Adv. Dr. K. Radhakrishnan Nair was also a discussant in the Seminar.



• Dr. APJ Abdul Kalam Intercollegiate quiz competition organized by Science Forum in association with Department of Physics and Chemistry was held on 29/11/2022

Convenor Science Forum- Dr. Alen

• Literary fiesta: Querencia 2022, Animating the Academic and Aesthetic was organized by the PG Department of English of St Cyril's College, Adoor on 01 December 2022. The function commenced at 10.00 AM. Blessings of the Almighty was invoked by the ELSA choir. The programme co-ordinator Mrs. Reshma Susan George welcomed the gathering. Dr. Susan Alexander, the Head of the Department, delivered the presidential address. The Principal of the college, Ms. Mini Mathew inaugurated the function and delivered an insightful address.



The Commerce Association "IGNITE' of 2022-23 was inaugurated by Ms Paurnami C V & Manju S (Senior Diary extension officer, Diary Entrepreneurship Development Centre, Adoor). A One-hour training session on "significance of value-added dairy products" was conducted by Ms Paurnami C V & Manju S.

The Commerce fest- 'CALCULO 2022' was organized in our College Campus by the Commerce Dept. along with ED Club on 08.12.2022 at 10.00 am to 03.15 pm. The students from Commerce Dept and other depts participated in the programme with great enthusiasm. The Fest was inaugurated by Ms Paurnami C V & Manju S (Senior Diary extension officer, Diary Entrepreneurship Development Centre, Adoor). The fest included a food corner, music band, Calculo Games, Vipani 2022 & Exhibition was conducted by the Commerce Dept.

A National Seminar on Intellectual Property Rights was organised by the PG Dept of English in association with IQAC and NIPAM, Ministry of Commerce and Industry, Govt of India, on 02 Dec. 2022. Mr Anumod S Examiner of Patents and Designs, NIPAM Officer Intellectual Property Office Chennai was the Resource Person. His talk efficiently enabled the students to understand what IPR is and how creativity can be tapped for economic benefit and benefit of the society.





A webinar on Innovation and Entrepreneurship was conducted on 16<sup>th</sup> July, 2022. The resource person was Mr.Jikku James, Assistant Professor of Commerce, St.Thomas College, Ranni.

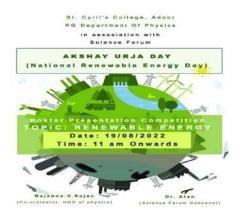


**Entrepreneurship Awareness Programme** was conducted by District Industries Centre, Pathanamthitta on 7<sup>th</sup> November, 2022

The Department of Commerce, organised a workshop on Research Methodology titled "Problem Identification in Research & Effective Usage of Scaling in Data Analysis" from 7.00pm to 8.00pm on 5<sup>th</sup> November, 2022. Dr.Sundari R, Assistant Professon PG and Research Department of Commerce, took the session.



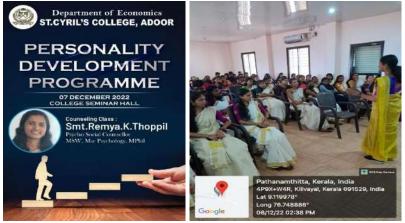
Department of Political science and Economics in association with the Institute of Parliamentary Affairs celebrated Human Rights Day on 12/12/2022



PG department of Physics in association with Science Forum conducted a poster presentation competition on renewable energy as part of Akshay Urja Day on 19/08/2022

Co-ordinator- Dr. Rajeena. V. Rajan

Science Forum Convenor- Dr. Alen



The Department of Economics organised a Personality Development Programmeon 07 December 2022. The counselling class was taken by Smt. Remya K Thoppil, Psycho-social counsellor, MSW.



The Department of History and Political Science jointly organised Constitutional Day Celebration and FDSJ Inauguration on 25 November 2022. The program was supported by Institute of Parliamentary Affairs, Government of Kerala.



The Department of Economics conducted a class on Research Methodology by Dr Susan Abraham, Associate Professor, Department of Economics, Christian college, Chengannur.



The Department of Political Science and IQAC in academic partnership with IAS Hub conducted a one-day civil service orientation seminar on 16th December 2022. The orientation talk was led by Fr. Saji Mekkattu and Adarsh B. Uday.



We bow our heads with reverence before our founder, His Holiness Moran Mar Baselios Marthoma Mathews II.

His Holiness Moran Mar Baselios Marthoma Mathews II, the Catholicos of the East and 89th successor to the Holy Apostolic Throne of St Thomas, was born on January 30, 1915 at Perinad in Kollam District of Kerala. The day is celebrated Founders' day on 25 January 23. In order to seek his blessings the college management conducted a Commemoration day of the founder on 30 January 23 in the seminar hall. The manager of the college H.G. Dr Zacharias Mar Aprem Metropolitan gave the presidential address. Former Principals and teachers were present at the meeting.

# **Faculty Enrichment Programs**

The IQAC & HR cell of the college conducted a Staff improvement programme on 23 February 2023, led by Fr. Jacob John.



• Staff tours promote camaraderie and collaboration among faculty and administrative staff, which can lead to improved teamwork and communication within the institution.

It promotes Stress Relief and Morale Boost, A tour offers a break from the routine work environment, helping staff to unwind, reducing burnout, and boosting morale. This can increase job satisfaction and overall productivity. Overall, staff tours contribute to a healthier work environment and help colleges function more effectively. The teaching and administrative staff together organized the Staff tour to Poovar on 11February with boating and sightseeing.



A faculty development programme on "NEP: Concerns and Challenges in Higher Education" was organized by IQAC and HRDC of St. Cyril's College in collaboration with UGC-HRDC, University of Kerala on 25-02-2023. The event started with the welcome address by Assoc. Prof. Mini Mathew, Head of the Department of History. The inaugural address was delivered by Dr. P Ajayakumar, Director, HRDC, University of Kerala. The chief guest of the seminar was Dr. T.C. Thankachan, Associate Professor in Education, St. Thomas College

of Teacher Education, Pala.



An Orientation class on the valuation of Answer Scripts for the teachers of Pathanamthitta district region was organised by IQAC with the support of the University of Kerala on 30 September 2022.

Professor (Dr.) N. Gopakumar the Controller of Examinations inaugurated the function and gave an awareness on the implementation of SLCM portal and online management of answer scripts. The faculty of nearby colleges attended the seminar.



Dr G Suvarna Kumar, Deputy Director of collegiate education came to evaluate and assess the functioning of the college on 28 June 2022. He had a meeting with the students, faculty members and administrative staff.

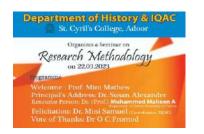


The Department of Economics conducted the Inauguration of the Cyrilian Economics Association on 07 December , 2022. Prof Itty Varghese, former Principal and head inaugurated the function.



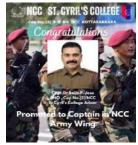
The Department of Physics organized a webinar was organized in which the renowned scientist, Prof. C.S. Unnikrishnan, Professor, DIAT DRDO, Pune delivered a talk on the topic "The certain demise of Einstein's special theory of relativity" on 15 March, 2023.

The department of Physics, St Cyril's College, Adoor organized a one day seminar on research methodology on the auspicious occasion of the Inauguration of its research association. Dr. Sibi K. S., assistant professor, department of Physics, University of Kerala, after the Inauguration, handled the first technical session in which he elaborated the need for adhering strictly to research ethics while doing research



Department of History and IQAC organized a Seminar on Research Methodology on 22/03/23, Resource person- Muhammed Maheen A

# **Staff Achievements**



Dr Baiju P Jose, Associate Professor, Department of Physical Education, got promoted to Captain Rank in NCC Army wing.

Student Achievements



Divyalekshmi D S, I year B A English, secured First position in the Quiz competition conducted by Collectorate Pathanamthitta on 03 January,2023.



Ajith, BA History, secured Second place in wall painting conducted by NSS in collaboration with Women and Child Development centre on the theme, 'Gender Awareness and Dowry'.

#### III. Student Support and Progression



Ability Enhancement Courses in College: A Focus on Soft Skills, IT Skills and Yoga.



Soft Skill Development Programme (SSDP) was an initiative to train students attain contemporary skills. The inaugural session of the programme was conducted on 14 September 2022, by Dr Susan Alexander, Principal, she also delivered the Theme Talk on the importance of Soft Skills and Emotional Intelligence.. The IQAC coordinator and Convenor of the programme,' Dr Mini Samuel inaugurated the programme. Ms Mariam John, the programme coordinator proposed the vote of thanks. The main theme of SSDP 2022 was "Responsible Adulthood". The faculty of the college acted as Resource persons and took the sessions. Dr Susan Alexander, Dr Runcy Wilson, Ms Shiny Kochummen, Dr O C Pramod took the main sessions.

Yoga and Self Defence training programme for the students was organised by IQAC of the college on 10<sup>th</sup> February 2023. The formal inauguration of the programme was done by Fr. Dr. Jacob John (Director, Chaithanya Healing & Training Centre, Tvm). He started with a basic introduction of Yoga, Pranayama and Dhyana and their implementation in day-to-day lives and also demonstrated the basic Self Defence lessons for girl students. Dr. Soorya Anand (Programme Co-ordinator& Asst. Prof. of Economics) conveyed the vote of thanks. The ICT program was initiated to develop IT skills in students. Ability enhancement courses in college are designed to complement academic knowledge by focusing on the development of essential skills that prepare students for real-world challenges. Among these, soft skills courses play a pivotal role in fostering interpersonal abilities, communication techniques, and emotional intelligence. Benefits:

Career Readiness: Soft skills are highly valued by employers, as they contribute to a well-rounded professional capable of adapting to various environments.

Personal Growth: These courses help students improve self-confidence, adaptability, and resilience. Enhanced Academic Success: With improved time management, communication, and teamwork skills, students often perform better academically. In essence, ability enhancement courses focusing on soft skills bridge the gap between academic knowledge and real-world application, ensuring that students are not only academically sound but also well-prepared for professional success.

### NET Coaching and PSC Coaching

The P G Department of English conducted an orientation class to prepare for UGC-NET(National Eligibility Test). The classes were after college regular hours from 3.00 to 4.00 p.m. The classes were taken by Ms Mariam John, Assistant Professor and Ms Shiji Mariam, Guest Lecturer. The number of students who attended the coaching class was 35.



Department has conducted guidance for competitive examinations and career counseling for second year students in the academic year 2022-23. Kerala Public Service Examination coaching classes were mainly taken during the sessions. 38 students were enrolled and all the students were actively participated. Classes were handled by Dr.Runcy Wilson (HOD, Dept. of Chemistry) Mr. Sajin Philip (HOD, Dept. of Economics), Dr. Soorya Anand and Ms.Elizabeth George. 10 sessions were taken with 1 hr duration. The classes were conducted from 17.03.2023 to 29.03.2023.

# VI. Governance, Leadership and Management

The governance, leadership and management of St Cyril's College is reflective of the development and growth of the institution into a centre of academic excellence as envisioned in its vision and mission. The college thrives for the all- rounded development of the students and the community aiming towards a sustainable environment for the future. The college through its smart classrooms , skill based programs ,video learning, encapsulating online learning into the offline classroom mode; create an inducive learning environment for the students.

# VII. Institutional Values and Best Practices



The college conducts programs to uphold its vision of rural development. The IQAC of the college celebrated "Budhawar Ka Khadi Mahotsav" on 28 September 2022. The Chief Guest was Mr. R S AnilKumar, Project Officer, Kerala State Khadi and Village Industries board. Teachers and students were encouraged to wear khadi garments every Wednesday to bring back the old tradition of using home-made products and be proud in the ideology of Make in India.

Alumni association



The college conducts annual alumni meetings and gatherings of old students who are the best wishers and stakeholders. The reunion of 1997-1999 batch was organised on 30 July 2022 with the motto "Meet, Catch Up and Celebrate". The senior retired Principals and professors were honoured and mementos were awarded for their selfless service towards society. Prof. John M George, Prof. Itty Varghese, Prof. Jose V. Koshy, Prof. Monikutty Thomas were given felicitation to the programme. The alumni members such as Mr. Prasanth Chandran Pillai (the then College Chairman) and Ms. Sunu Philip also given felicitation during the occasion.



Anil a former student of the college was under the threat of foreclosure. The alumni of St. Cyril's College paid the balance amount to the bank and regained the deed of the house from the bank and handed over to Mr. Anil. Prof. D. K John, former Principal of the college handed over the

documents to Anil. Adv. Binu P Rajan, Dr. Siji Rachel George, Shibu Chirakkaroute, Manoj Thomas, Skaria George and P. Anu put their efforts for the same.

Parents-Teachers Association



The Annual General Body meeting of Parents-Teachers Association was scheduled on 16 December 2022. Fr. Geevarghese Mekkattu (Orthodox Civil Service Academy Director & Motivational Trainor) inaugurated the function and rendered a talk.

Prof. Mini Mathew, Principal delivered the presidential address, Mr. John George Vice President felicitated the gathering, and Dr. Siji Rachel George Secretary, PTA, proposed the vote of thanks.

Placement and Progression

• Student Progression

#### **Student Progression**

Sl.no.	Name of the	Total no. of	Employed/Placement	Higher
	Course/Department	Students		Studies
1.	MA English	18	0	09
2.	M.Sc Physics	12	0	05
3.	BA History	44	0	03
4.	BA Economics	36	05	06
5.	B.Sc Chemistry	19	01	07
6.	BA English	45	01	11
7.	B.Com	37	07	11
8.	B.Sc Mathematics &CA	03	0	0



The Career and Placement cell organised an Orientation training on placement readiness on 9 November 2023. The program was supported by the University Placement cell, Kerala University.



The college conducted college Day and Mereri Diem 2023 on 30 March 2023 at 10.00a.m. Dr Susan Alexander, Principal distributed the prizes for curricular and cocurricular achievements. The Best outgoing students and endowments were also distributed.





The Overall championship was grabbed by the PG Department of English.

Dr Anoop Chandran was awarded the Best Faculty award for the year 2022-23 for his productive and innovative achievements in the department.



#### **Conclusion**

In conclusion, this academic year has been marked by the successful completion of numerous programs that have enriched our college community. From academic achievements to extracurricular triumphs, our students have demonstrated excellence, resilience, and growth. The

collaborative efforts of faculty, staff, and students have resulted' in a' vibrant campus atmosphere, fostering innovation and inclusivity. As we look forward to the coming year, we are confident that the foundation laid by this year's accomplishments will propel us to even greater heights. We remain committed to nurturing talent, promoting holistic development, and upholding the standards of excellence that define our institution.

Our college prioritizes rural development and extension activities, in fostering sustainable growth and uplifting rural communities. By integrating education with practical solutions for real-world challenges, our institution empower students to become agents of change, equipping them with the knowledge and skills necessary to address the unique needs of rural areas. This commitment not only enhances the well-being of marginalized population but also contributes to national development. As a hub of innovation and community engagement, the college creates a lasting impact, fostering inclusive growth, social equity, and a brighter future for all.



PRINCIPAL

ST. CYRILS COLLEGE